

NEWS LETTER

January - March, 2025

VOL. 11
NO. 01



ABHILASHI UNIVERSITY
Chail Chowk, Distt. Mandi (H.P.)



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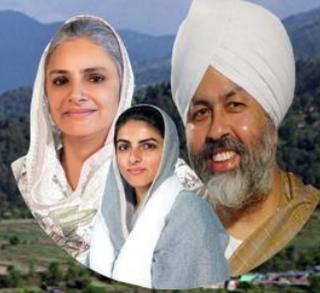
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ENHANCING ADMINISTRATIVE EFFICIENCY AND EXCELLENCE



A training programme for administrative staff was inaugurated by Prof. H.K. Chaudhary, Vice-Chancellor, and Dr. Kapil Kapoor, Registrar of Abhilashi University. The session aimed to enhance office processes, communication, and overall administrative effectiveness. Prof. Chaudhary emphasized the importance of a strong filing system for good governance, while Dr. Kapoor highlighted the role of technology in streamlining workflows. Sh. Ram Saran Sharma, Coordinator and Resource Person, provided in-depth training on the University's Acts, Regulations, and essential office skills such as noting, drafting, and filing. Mr. Kunal Sood, Co-Coordinator, introduced participants to emerging ICT trends and their application in administrative functions.

FACULTY DEVELOPMENT PROGRAM ORGANISED



Abhilashi University conducted a five-day Faculty Development Program on "Enhancing Personal Productivity and Promoting Innovative Teaching Practices." Experts including Dr. Rakesh Kapoor, Dr. Suresh C. Sharma, Dr. Ajay K. Attri, and others led sessions on hybrid teaching methods, digital tools, and interactive learning. Participants engaged in hands-on activities aimed at improving teaching effectiveness. Dr. Kamal Kant emphasized the link between research and improved educational outcomes. The program concluded with a valedictory session addressed by Hon'ble Pro-Chancellor Dr. L.K. Abhilashi, who encouraged faculty to embrace continuous learning and innovation in teaching.

A MOMENT OF PRIDE FOR ABHILASHI AYURVEDIC COLLEGE

Abhilashi Ayurvedic College & Research Institute,

Abhilashi University, has been honored with a prestigious award by Hon'ble Union AYUSH Minister Shri Prataprao Jadhav at a grand ceremony in Mumbai.



The award recognizes our outstanding contribution under the "देश का प्रकृति परीक्षण अभियान", where the university secured 2nd place among postgraduate colleges nationwide. At the event, Shri Prataprao Jadhav praised the campaign, saying, "This initiative is helping millions understand their nature and adopt a healthier lifestyle. Institutions like Abhilashi Ayurvedic College are crucial in bringing Ayurveda into every home." Dr. Divya Deepak, Principal of Abhilashi Ayurvedic College & Research Institute, expressed gratitude to the entire teaching and non-teaching staff, as well as the students, for their support and dedication.

EDUCATIONAL TOUR: JOURNEY TOWARDS THEORY TO PRACTICE



From 7th March to 8th March 2025, students from the School of Education, Abhilashi University, embarked on an enriching educational tour to Manali, Himachal Pradesh, exploring its natural landscapes, diverse topography, and cultural heritage, fostering both academic and personal growth. Under the guidance of Dr. Suman, Mr. Vinod, and Ms. Kritika, the students visited Solang Valley to study glacier formations, river erosion, and the mountain landscapes. A special session on climate change and its impact on the Himalayan ecosystem added valuable academic depth to the experience, framed by snow-capped peaks.

INDUSTRIAL VISIT TO HILLTHRILL AGRO PROCESSOR PVT. LTD.



B.Sc.(Hons.) Agriculture 3rd year students of School of Agriculture recently had an enriching industrial visit to Hillthrill Agro Processor Pvt. Ltd., a cutting-edge food processing unit located in Badhoo, Mandi. The visit provided them with valuable hands-on experience in food processing, preservation, and packaging techniques.

CHIEF MINISTER SUKH ASHRAY YOJANA: A STEP TOWARDS A BRIGHTER FUTURE

Five students have been given a golden opportunity to get free higher education in Abhilashi University, Chailchowk, under the Chief Minister's Sukh Ashray Scheme. The scheme aims to provide complete education assistance to orphans and needy children, so they can become self-reliant. Under this scheme, selected students will be provided tuition fees, accommodation, food, and study materials completely free of cost. Dr. R.K. Abhilashi and Secretary Narendra Kumar had met the Chief Minister, H.P., and expressed their gratitude.

INTERNATIONAL WOMEN'S DAY CELEBRATED

On the occasion of International Women's Day, the School of Physiotherapy organized a Declamation Competition under the theme: "For all Women and Girls: Right, Equality, Empowerment." Students displayed their exceptional oratory skills on the topic: "My Inspirational Woman Leader of 2025."

AWARENESS PROGRAM ON PHARMACOVIGILANCE



Abhilashi Ayurvedic College hosted an awareness program on pharmacovigilance for teachers and final-year students, focusing on the safety and efficacy of Ayurvedic medicines. The program was led by Prof. Dr. Navneet Sharma and Dr. Sachin Varma, featuring expert sessions on: Therapeutic monitoring and adverse event reporting, The role of clinicians in ensuring patient safety in Ayurveda, Emphasizing a culture of safety and efficacy in Ayurvedic practices. Dr. Divya Deepak, Principal of Abhilashi Ayurvedic College, extended heartfelt thanks to the entire team and Hon'ble Management for their support in organizing such enriching academic events.

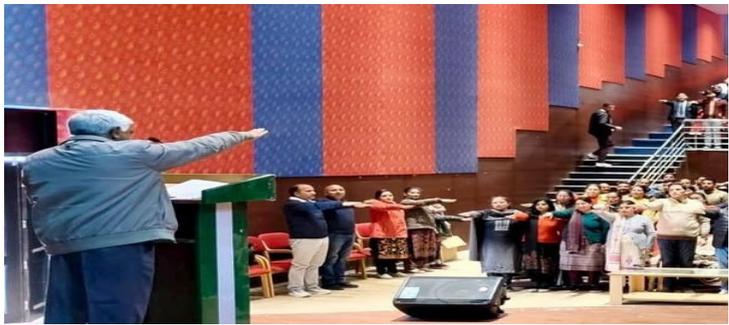
HIMALAYAN BURANSH: A HIDDEN TREASURE OF ANTIOXIDANTS

Under the guidance of Dr. Manish Chauhan, Assistant Professor (Vegetable Science), the final year B.Sc. (Hons.) Agriculture students have embarked on an exciting and innovative journey. The brilliant minds have used scientific methods to prepare chutney and squash from the beautiful flowers of Buransh (Rhododendron). This innovation will not only promote agricultural products but also open up fresh economic opportunities for farmers and entrepreneurs.



Prof. H.K. Chaudhary praised this initiative and highlighted the incredible medicinal and nutritional benefits of Buransh flowers. Rich in antioxidants, vitamin C, and anti-inflammatory properties, these flowers help control blood pressure, improve heart health, and boost immunity. They also strengthen the digestive system and detoxify the body.

STUDENTS AND FACULTY UNITE IN COMMITMENT



The Abhilashi University community united to take a pledge for a drug-free campus, reaffirming its commitment to a healthy academic environment. The oath-taking ceremony, led by Dr. Devender Sharma, Dean Students' Welfare, saw active participation from students and staff. Chancellor Dr. R.K. Abhilashi, Pro-Chancellor Dr. L.K. Abhilashi, and Vice-Chancellor Prof. H.K. Chaudhary emphasized the importance of awareness and collective action in combating drug abuse, urging everyone to be advocates for a drug-free society.

WORLD WATER DAY: A STEP TOWARDS GLACIER PRESERVATION



The School of Agriculture at Abhilashi University observed World Water Day with the theme "Glacier Preservation," aligning with the UN's SDG goal of 'Water and Sanitation for All by 2030.' Er. Khushboo Kumari from IIT Bombay delivered a virtual lecture on glacier conservation. Students showcased their awareness through Rangoli, poster-making, and a declamation contest. Prof. P.C. Sharma, Dean, emphasized the urgency of addressing global water stress, particularly in countries like India.

PLACEMENT DRIVE: CAREER OPPORTUNITIES FOR STUDENTS



Dr. Shampy Duggal, Director, Training and Placement at Abhilashi University, congratulated the Students who got selected for Macleods Pharmaceuticals, Taragon, Just Dial, Dr. T. Bhasin Path Labs Pvt. Ltd., Glacial Adventure Pvt. Ltd., and stated that the selection process involved an Assessment Test leading to Personal Interview rounds. The selected students will be employed in roles such as QA/QC/R&D & Production. Hon'ble Chancellor, Pro-Chancellor & Vice-Chancellor extended their congratulations to the selected students, their parents, faculty members, and the placement cell.

RED RIBBON ORGANISES AWARENESS PROGRAM ON TUBERCULOSIS



Red Ribbon Club of Abhilashi University, in collaboration with the state task force, organized an event focused on National Tuberculosis Elimination. Dr. Bandana, Coordinator Red Ribbon Club, honored the Chief Guest, Dr. Ashok Kumar Bhardwaj, Chairman of the National Task Force, and the Guest of Honor, Dr. Arindom Roy, District Program Officer. Hon'ble Vice Chancellor Prof. H.K. Chaudhary, in his welcome address, emphasized the significance of the event as a crucial step towards innovation-driven efforts aimed at achieving the goal of tuberculosis (TB) elimination. Dr. Ashok Kumar Bhardwaj, Chairman of the National Task Force, NTEP, delivered the keynote address and acknowledged India's substantial progress in TB control. Dr. Arindom Roy, District Program Officer, underscored the importance of innovations in TB elimination.

AWARENESS PROGRAM ORGANISED

A special awareness program was organized by Abhilashi University in observance of International Tuberculosis Day on March 24, 2025. The main objective of this initiative was to enhance awareness about tuberculosis and encourage the public to stay informed about the disease.



It is our collective responsibility to stay vigilant against serious diseases like TB and disseminate accurate information throughout society. Students performed a street play to raise awareness about TB among the community.

VICE CHANCELLOR VISITS TO EXPERIMENTAL FARM



Vice-Chancellor Prof. H.K. Chaudhary visited the School of Agriculture's field experiments to engage with students and offer guidance on research activities. Welcomed by Dean Prof. P.C. Sharma, he interacted with students from Genetics & Plant Breeding, Agronomy, and Horticulture, providing insights on their field trials. Prof. Chaudhary stressed the importance of proper statistical designs and encouraged exploration of kulth and rajmash germplasm from Karsog and Janjehli. He praised the faculty and students for their dedication despite landholding challenges.

LEGAL AWARENESS CAMP ON SEXUAL HARASSMENT OF WOMEN



The Internal Complaints Committee of Abhilashi University organized a Legal Awareness Camp to promote workplace safety for women. Hon'ble Senior Judge & Additional Chief Judicial Magistrate, Sh. Vivek Kayasth, addressed the gathering on the Sexual Harassment of Women at Workplace Act, 2013, and the role of ICCs in ensuring women's safety. He also raised awareness about the Motor Vehicles Act and NDPS Act, urging students to avoid drug abuse. Vice-Chancellor Prof. H.K. Chaudhary highlighted the importance of regular workshops and policy implementation for a respectful work environment. The event concluded with a vote of thanks from Dr. Devender Sharma, Dean Students' Welfare.

SUCCESSFUL COMPLETION OF LEVEL 1 SEBI INVESTOR CERTIFICATION

Abhilashi University announces the successful completion of the Level 1 SEBI Investor Certification Training. This 5-hour session, organized in collaboration with Krisha Foundation and BSE Limited, focused on Financial Literacy and Investor Education. Delivered by Dr. Ajay Dogra, CA, Chitkara University, it equipped 50 students from the Schools of Management, Engineering, and Basic Sciences with essential knowledge and practical insights for success in the financial sector. Gratitude towards BSE Limited, the training and exam fees for both Level 1 and Level 2, including the NISM VA Mutual Fund Distributor Certification, were covered, making this opportunity completely free for students. This initiative enhances their employability in the financial services industry. We look forward to the upcoming Level 2 NISM-Series-V-A Mutual Fund Distributors Certification.

S.P. MANDI MOTIVATED STUDENTS AGAINST DRUGS



An awareness program on drug elimination was organized at Abhilashi University, where Superintendent of Police, District Mandi, Ms. Sakshi Verma, the chief guest addressed the students. The primary objective of the program was to raise awareness among the youth about the growing impact of drugs and the harmful consequences they bring. She motivated students to stay away from drugs, highlighting that addiction not only harms an individual's health but also affects their family and society. She urged the youth to adopt a positive and healthy lifestyle by avoiding drugs. Ms. Verma provided detailed information about the legal provisions related to drugs and the anti-drug campaigns being run by the police. She motivated the students to report any drug-related activities they might encounter in their surroundings. Additionally, she shared her journey of becoming an IPS officer with the students and encouraged them. During the event, the Vice-Chancellor Prof. H. K. Chaudhary, proudly mentioned that no drug-related incidents had occurred on the university campus so far. He also assured everyone that the institution would continue to maintain a clean and disciplined academic environment in the future.

WOODS ARE LOVELY DARK AND DEEP

School of Agriculture celebrated International Day of Forest focusing on the importance of forests and food systems with the theme, 'Forests and Food'. Inspiring speeches were given by students. A thought-provoking address was given by Prof. PC Sharma, Dean of the School of Agriculture, urging everyone to plant trees for a cleaner environment and better food security.

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April- June, 2025

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SAHYOG SPECIAL SCHOOL : एक कदम मानवता की ओर



Students of Medical Laboratory Technology (MLT) from Abhilashi University embarked on a heartwarming visit to the Sahyog School of Special Children, Lunapani, Mandi (H.P.). The visit aimed to provide students with hands-on experience in geriatric and special care, while also fostering empathy, kindness, and a sense of social responsibility. During the visit, students interacted with the special children, engaged in fun activities, played games, and sang songs. Their presence brought smiles, joy, and warmth to everyone.

WORLD VETERINARY DAY CELEBRATED

Abhilashi University celebrated World Veterinary Day with the inspiring presence of Mahant Abhishek Giri Ji from Shri Surabhi Gaushala, Nehra, Chailchowk as Chief Guest.

The event witnessed the participation of Sh. Mahendra Pal Sharma is a progressive farmer who has been



instrumental in promoting sustainable farming practices. Giri Ji shared his wealth of knowledge, urging students to focus on sustainable farming practices and the conservation of local cattle breeds, such as the Gir, Sahiwal, and Pahadi cows. He also invited students to visit his self-sustained Gaushala, where they can witness the care of these indigenous breeds firsthand.

Vice-Chancellor, Prof. H.K. Chaudhary expressed immense pride on this occasion and emphasized how veterinary science is an interdisciplinary field that requires collaboration among veterinarians, farmers, researchers, public health officials, and communities to ensure animal and human well-being. Students showcased their talents, scientific temper, and creativity, while a Prize Distribution Ceremony recognized their achievements.

UNIVERSITY UNITES EXPERTS FOR RURAL OUTREACH AND ANIMAL CARE



In a significant step toward promoting animal health and community welfare, the Faculty of Veterinary Sciences organized a Veterinary Clinical Camp. The outreach effort not only provided treatment but also educated and empowered local farmers on critical animal health practices, hygiene, and vaccination. The camp included: Anti-rabies vaccination, Clinical management of infertility in dairy animals, and General health check-ups for equines, dairy cattle, and dogs brought by farmers. Prof. H.K. Chaudhary, Vice Chancellor of Abhilashi University, remarked that this initiative truly reflects the theme of the year — 'Animal health takes a team'. Veterinarians to paravets and community members, everyone plays a vital role in ensuring animal welfare”.

THE STAGE IS SET, THE SPIRIT IS HIGH: FLAMES 2k25



Flames 2025 was a vibrant celebration full of energy and enthusiasm. The inaugural ceremony was graced by Hon'ble Chancellor Dr. R.K. Abhilashi, who highlighted the importance of such events in nurturing talent, fostering moral values, and developing key life skills like discipline, leadership, and time management. He urged students to stay connected to Himachali culture while striving for excellence. The Science Exhibition, inaugurated by Sh. Mahendra Singh Verma and Dr. Praveen Chaudhary, was based on the theme “Scientific Solutions in Climate Technology and Disaster Management.” Students from various departments showcased technical exhibits related to the theme, presenting a range of working and live models on different topics. Prof. H.K. Chaudhary, Hon'ble Vice Chancellor, expressed gratitude to the university's management for their unwavering support. He praised their efforts in establishing Abhilashi University as a leading institution in the region. The event was further enriched by performances from Kumar Sahil, Parashara Rock Band, and Sunil Masti, celebrating culture, creativity, and community spirit.

EXPERT LECTURE BY PATENT GURU

Dr. Biplab Sarkar, Principal of TR Abhilashi Memorial Institute, delivered an insightful lecture at Abhilashi



University on "From Ideas to Impact: Navigating Innovations, Patents, and Funding for Research Project Success." He shared practical strategies for transforming research ideas into innovations, emphasizing the role of patents and funding. Prof. H.K. Chaudhary, Vice-Chancellor, encouraged faculty to explore new research areas, particularly the rich biodiversity of the mountainous regions, and to build industry partnerships. Dr. Sarkar also highlighted the importance of leveraging emerging technologies like Artificial Intelligence and digital tools to enhance research. The session motivated faculty to think creatively, collaborate across disciplines, and seek funding opportunities, equipping them with strategies to turn ideas into impactful, real-world solutions.

Dr. Sampy Duggal, Director of Admission, Training, and

PLACEMENT DRIVE: CAREER OPPORTUNITIES FOR STUDENTS

Placement, congratulated students and parents and stated that students got selected by Torrent Pharmaceuticals. The selection process involved an Assessment Test leading to Personal Interview rounds. The selected students have received offer letters from the company, with an annual package of up to ₹2-3 lakh. They will be employed in roles such as quality control.



HANDS-ON WORK



An insightful workshop was organised by the School of Physiotherapy on Neurodevelopmental Techniques (NDT) used to improve movement, balance, and coordination in patients with stroke, Parkinson's, and cerebral palsy. Dr. Prabhat Ranjan, Senior Physiotherapist at AIIMS, New Delhi, served as the resource person, highlighting the core principles of NDT and their application in clinical reasoning.

LIFE SAVED IS A LEGACY CREATED—BE A HERO, DONATE BLOOD



Abhilashi Ayurvedic College and Research Institute successfully organized a Blood Donation Camp to promote voluntary service and save lives in collaboration with Red Ribbon Club, NSS Unit, and the Blood Bank Team from Shri Lal Bahadur Shastri Government Medical College (SLBS GMC), Nerchowk. Hon'ble Chancellor Dr. R.K. Abhilashi emphasized the university dedication to humanitarian service alongside academic excellence. Further he said that organizing such events reflects core values. Prof. H.K. Chaudhary, Hon'ble Vice Chancellor added, "Blood donation is a sacred act that connects society through compassion and humanity." The blood collection was efficiently managed by the expert team from SLBS GMC, led by Dr. Sharab Chopal. A total of 120 units of blood were donated—a vital contribution to healthcare needs across the region.

HEALTH CAMP AT BAUDH DARSHAN SANSKRIT VIDYALAYA

Health checkup camp was successfully organized at Baudh Darshan Sanskrit Vidyalaya, Mandogalu, Mandi (H.P.) through a collaborative initiative between Abhilashi Ayurvedic College and Research Institute, Abhilashi University, and Himachal Dental College. The camp aimed to promote preventive healthcare, increase community awareness, and provide essential medical services to the local population. The camp saw active participation from the local community and was appreciated for its comprehensive approach. It helped in early detection of health issues, raised awareness about personal and public health, and encouraged proactive healthcare behavior. The successful collaboration showcased the impact of interdisciplinary efforts in public health and the commitment of both institutions to community welfare.



MISSION LIFE: IGNITING SUSTAINABLE

Aligned with the Government of India's flagship initiative, Mission LiFE (Lifestyle for Environment), Abhilashi University hosted an Awareness Programme and Panel Discussion on "Healthy Habits for a Sustainable Lifestyle." The event was organized in collaboration with The Energy and Resources Institute (TERI) and the Ministry of Environment, Forest and Climate Change (MoEFCC), Government of India.



In his inaugural address, Hon'ble Vice Chancellor Prof. H.K. Chaudhary emphasized the urgency of environmental action and the need for lifestyle changes to restore ecological balance. He advocated for the "Vocal for Local" approach, traditional foods, Ayurvedic practices, and conserving native plant and animal species. Expressing concern over environmental decline, he stated, "We have failed to return to our children the healthy environment we inherited." He commended TERI and MoEFCC's grassroots efforts and reaffirmed the university's commitment to sustainability and climate initiatives. Ms. Pallavi, Senior Programme Officer (EIACAP), TERI, conducted an engaging session on Mission LiFE, urging students and faculty to adopt simple, impactful lifestyle habits such as choosing local organic food, using herbal products, planting medicinal herbs, and leading low-impact, healthy lives.

EXPERT LECTURE ON NAAC REFORMS

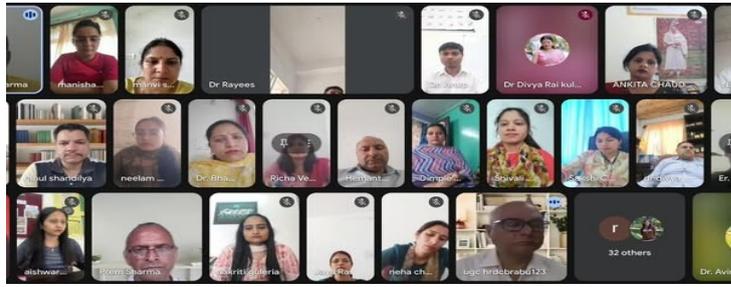


Prof. Harish Dureja, Dean of Research & Development at Maharshi Dayanand University, Rohtak, delivered a thought-provoking guest lecture on the shift from the traditional multi-grade accreditation model to a simplified binary system by the National Assessment and Accreditation Council (NAAC). He emphasized the importance of meticulous documentation, including expenditure details and GPS-enabled photographs, and integrating research into curriculum design. Prof. Dureja also highlighted the mandatory requirement of conducting four IQAC meetings annually for NAAC compliance. Hon'ble Vice Chancellor Prof. H.K. Chaudhary stressed the need for adapting to evolving accreditation standards through innovative teaching and continuous quality monitoring. He lauded Prof. Dureja for his valuable insights. A technical session on NAAC criteria followed, led by Dr. P.C. Sharma and coordinated by university faculty.

CELEBRATED INTERNATIONAL DAY OF YOGA WITH GRANDEUR

The event was themed "Yoga for One Earth, One Health," highlighting the interconnectedness of human well-being and planetary harmony. The celebration was graced by the esteemed presence of Prof. H. K. Chaudhary, Hon'ble Vice Chancellor, Abhilashi University, as the Chief Guest, and was further blessed by an inspiring virtual message from Dr. R. K. Abhilashi, Hon'ble Chancellor of Abhilashi University. The program commenced with a Common Yoga Protocol session, led by trained yoga instructors from the Department of Swasthavritta.

FACULTY DEVELOPMENT PROGRAM ON NEP-2020



Abhilashi University, in collaboration with UGC-MMTTC, Himachal Pradesh University, Shimla, organized an eight-day online Faculty Development Program (FDP) titled “NEP 2020: Orientation & Sensitization Program” from June 19 to 27, 2025. The inaugural session featured Dr. Ashwini Kumar, Assistant Director, MMTTC, who appreciated the university’s efforts & described NEP 2020 as a transformative roadmap for Indian education. Registrar Dr. Kapil Kapoor highlighted its role in empowering educators. Prof. Desh Raj Thakur, Director, MMTTC, delivered keynote sessions on NEP’s core pillars—Indian Knowledge Systems, multilingualism & higher education’s societal role. Sessions over eight days covered: Multidisciplinary education, leadership & inclusion (Dr. Abhinav Rathore, Prof. Manjeet Singh, Prof. Preeti Jain), Skill development, IKS & ICT (Dr. Neelika Arora, Prof. Rajeev Jha, Prof. Pramod Kumar), Interdisciplinary research, planning & environment (Prof. D.R. Thakur, Dr. Vivek Chauhan, Prof. Vipin Gupta), Human rights, constitutional values & research tools (Prof. P.N. Hari, Prof. Aman Sharma). Mass communication & learning evaluation (Prof. Shashi Kant Sharma, Dr. Ashwini Kumar). Prof. H.K. Chaudhary, Vice-Chancellor, called the FDP a vital step toward academic excellence & urged participants to implement the insights gained. He emphasized translating NEP into classroom practice.

EDUCATIONAL TOUR: EMPOWERING FUTURE AGRIPRENEURS



The School of Agriculture undertook an insightful two days educational tour of India’s premier agricultural research institutions — the CSK Himachal Pradesh Krishi Vishvavidyalaya (CSKHPKV), Palampur, and the Institute of Himalayan Bioresource Technology (IHBT). During the tour, students had the opportunity to Explore various ongoing research programs in the fields of biotechnology, Himalayan bio-resources, crop improvement, and processing technologies. Understanding the broader prospects and career opportunities in agricultural sciences, Prof. H.K. Chaudhary (Hon’ble Vice-Chancellor) emphasized that such initiatives go beyond classroom learning by nurturing research aptitude and enhancing industry readiness among students.

On the occasion of World Environment Day, Abhilashi University’s Vice Chancellor, Prof. Harinder K. Chaudhary,

WORLD ENVIRONMENT DAY CELEBRATED

led a plantation drive by planting a pomegranate tree on campus. The act symbolized unity and a shared commitment to environmental preservation. In his address, Prof. Chaudhary compared the grains of a pomegranate to the unity needed to protect nature. “Just as the grains stay together within one fruit, so must we—faculty, students, and society—stand united to safeguard the environment,” he said. Expressing regret on behalf of older generations, he stated, “We inherited clean air, fresh water, and biodiversity from our ancestors but failed to pass the same to you.” He acknowledged the harm caused by unsustainable development and stressed that the future can still be shaped positively. “It is your turn. How you treat Mother Nature today will define the world your children inherit,” he told the students, urging them to act with commitment and compassion. NSS Coordinator, along with NSS volunteers, actively contributed to the initiative. The program concluded with a pledge by all attendees to adopt eco-friendly practices and contribute to a healthier planet. Dean of Student Welfare, raised the slogan, “Grow Green and Breathe Clean,” green campus culture.



UNIVERSITY HOSTS UNDP DELEGATION



The university took a significant step forward in promoting collaborative efforts in climate action and agrobiodiversity conservation by hosting a high-level delegation from the United Nations Development Programme (UNDP). The visiting delegation included Dr. Suresh Chand Attri, Chief Scientific Officer, Department of Environment, Science, Technology & Climate Change (DEST), Government of Himachal Pradesh, and the Divisional Forest Officer (DFO), Nachan Range. Hon’ble Vice Chancellor Prof. Harinder Kumar Chaudhary formally welcomed the delegates and expressed sincere gratitude to the Department of Environment, Science, Technology & Climate Change, Government of Himachal Pradesh, for selecting Abhilashi University as a partner institution in the vital mission of conserving crop diversity as part of climate-resilient and sustainable agricultural practices in the Himalayan region. The visit was aimed at reviewing the current initiatives and strategic directions for climate change mitigation and ecological restoration. It facilitated a dynamic exchange of knowledge among UNDP officials, university faculty, and progressive local farmers.

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RELIEF FUND EXTENDED TO FLOOD VICTIMS



The recent heavy rains have caused severe floods and landslides in the Thunag and Bagsyad regions of Seraj Valley, bringing normal life to a standstill. In response to this natural disaster, Abhilashi University and the Abhilashi Group, Mandi, have stepped forward with a compassionate initiative to support the affected communities. Demonstrating a strong sense of social responsibility, the institutions organized the distribution of essential relief supplies, providing much-needed support to those in distress. Dr. R.K. Abhilashi, Chairman of the Abhilashi Group of Institutions, emphasised that, along with providing quality education, we are deeply committed to serving society. He also shared that nearly 40 volunteers from the Sant Nirankari Mandal, Dadour, and the Sewa Dal are actively engaged in the ongoing relief efforts at the flood relief camp.



UNIVERSITY MARKS 11 GLORIOUS YEARS WITH OATH, CULTURE, AND CELEBRATION

University celebrated its 12th Foundation Day with great enthusiasm, pride, and cultural vibrance today. The campus came alive as students, faculty, and guests gathered to honour the University's remarkable journey of academic excellence and social contribution. The celebrations commenced with the Vice-Chancellor Prof. H. K. Chaudhary administering the Establishment Day oath, inspiring the University community to uphold integrity, innovation, and service to society. This was followed by a special and comprehensive address by the Hon'ble Chancellor Dr. R. K. Abhilashi, who eloquently recounted the University's 11 year journey — from its humble beginnings to becoming a recognized centre of learning, research, and cultural heritage.

STEP TOWARDS DRUG-FREE AND HIV-FREE HIMACHAL

In a significant step towards promoting a healthier and more responsible society, Hon'ble Vice-Chancellor Prof. H.K. Chaudhary administered two important pledges to the students, faculty, and staff of the University today. The first was the Anti-Drug Declaration Pledge, reaffirming the University's collective resolve to stay away from the menace of drugs, discourage its use in any form, and spread awareness about its harmful effects. The second was the HIV-Free Himachal Pledge, through which the University fraternity committed to supporting the vision of a state free from HIV/AIDS by spreading awareness, promoting safe practices, and standing against stigma and discrimination. Both pledges reflect the University's dedication not only to academic excellence but also to the holistic well-being of its community and society at large.

INDEPENDENCE DAY CELEBRATED WITH PATRIOTIC FERVOR



Abhilashi University celebrated India's 79th Independence Day with enthusiasm and patriotism. Pro-Chancellor Dr. L.K. Abhilashi hailed freedom fighters and soldiers, urging people to uphold freedom values and focus on personal growth. Vice-Chancellor Prof. H.K. Chaudhary stressed the importance of sincerity, honesty, and dedication in fulfilling duties. Dr. Rahul delivered patriotic songs.

LECTURE ON CULTURE, SPIRITUALITY AND STUDENTS' WELL-BEING



Abhilashi University hosted a lecture by ISKCON followers Sahil Thakur and Anil Guleria, focusing on the transformative role of spirituality in higher education and personal growth. The speakers emphasized the importance of spiritual values, balancing academics with self-discipline, respect for traditions, and service to society. Hon'ble Vice-Chancellor Prof. H.K. Chaudhary urged students to use their time wisely, respect India's cultural heritage, and follow timeless teachings.

ANTI-RAGGING WEEK: STRONG MESSAGE OF RESPECT AND HARMONY



Abhilashi University concluded its Anti-Ragging Week with a dignified ceremony, reaffirming its commitment to a safe, respectful, and inclusive campus environment. The week-long initiative included awareness programs, oath-taking ceremonies, poster competitions, interactive lectures, and counseling sessions. Hon'ble Vice-Chancellor Prof. H. K. Chaudhary emphasized ragging as a social evil and urged students to embody compassion and mutual respect. The ceremony concluded with a collective oath by students, faculty, and staff.

UNIVERSITY CELEBRATED NATIONAL POTATO DAY



Abhilashi University's School of Agriculture celebrated National Potato Day with scientific learning and creative activities, highlighting the potato's role in food security, nutrition, and livelihoods. The event included a webinar on potato breeding, varietal development, and modern production technologies by Dr. Stuti Pathak, MMU Mullana. The program also featured a monograph presentation and a poster competition on potato benefits on health. Prof. P. C. Sharma shared his potato research experiences and paid tribute to Shri Jang Bahadur Singh Sangha.

CAREER COUNSELLING



Abhilashi University hosted a Career Counselling & Opportunities Session by Sh. H. S. Rana, HAS (Retd.), from Vedanta Coaching Academy, Sundernagar. Rana emphasized the importance of choice, preparation, and perseverance in career success. He encouraged students to identify strengths early, set goals, stay consistent, and build self-confidence. Rana praised Abhilashi University's management for their vision and dedication to academic excellence and holistic development.

CHARAKA FOR CHILDREN



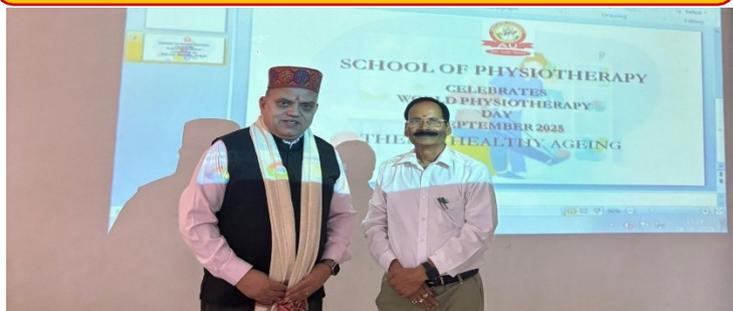
Abhilashi Ayurvedic College & Research Institute aims to promote holistic health among young minds. The Charaka for Children Project program, designed for aged 5-10, focuses on Ayurveda-inspired lifestyle practices and modern preventive concepts. It aims to shape a health-conscious generation by blending Ayurveda with modern knowledge, nurturing mindful and responsible citizens. The initiative is expected to enhance the university's outreach and academic profile, with collaborations providing valuable exposure for students and faculty.

CHAMPIONS TRAIN, LOSERS COMPLAIN



The Faculty of Education, Basic Sciences and Humanities, Abhilashi University commemorated National Sports Day in honour of Major Dhyhan Chand, India's legendary 'Hockey Magician'. Vice-Chancellor Prof. H. K. Chaudhary, in his address, emphasised the significance of sports in building discipline, teamwork, and a healthy lifestyle. The programme featured insightful speeches by students and faculty, followed by competitions including essay writing, chess, table tennis, and carrom. The celebration concluded with prize distribution and a collective pledge to integrate sports into everyday life.

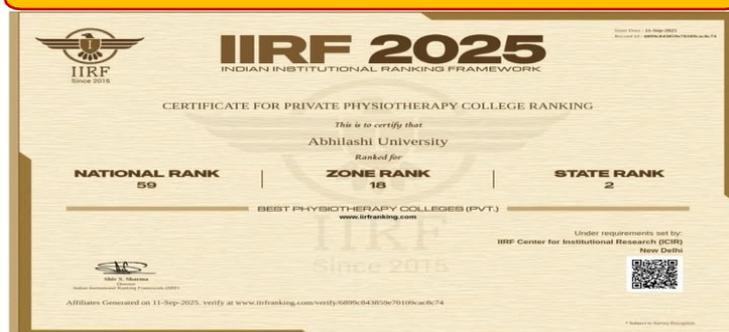
WORLD PHYSIOTHERAPY DAY CELEBRATED



University, celebrated World Physiotherapy Day with the global theme of 'Healthy Ageing' set by the World Confederation for Physical Therapy. Chancellor Dr. R.K. Abhilashi underlined the pivotal role physiotherapy plays in enhancing the quality of life, especially in the context of an ageing population. He emphasized that physiotherapy should not only be seen as a healthcare profession but as a key driver of social impact, preventive care, and

entrepreneurial development. Vice-Chancellor Prof. H.K. Chaudhary, in his address, stressed the importance of research, innovation, and inter-disciplinary collaboration to advance physiotherapy practices in India.

UNIVERSITY SECURES IIRF 2025 PHYSIOTHERAPY



Abhilashi University has once again demonstrated its academic excellence by securing a prestigious position in the IIRF Physiotherapy Rankings 2025. The University proudly stands at 59th rank in India (Private Institutions), 18th in the North Zone, and an impressive 2nd position in Himachal Pradesh. This recognition is a significant reflection of the institution's commitment to quality education, cutting-edge research, and the holistic development of students.

GURU VANDNAM: TEACHERS' FELICITATION IN FULL SWING



Abhilashi University, Mandi celebrated Teachers' Day with great zeal and reverence by organizing a special felicitation program named "Guru Vandnam", dedicated to honoring the invaluable contributions of its teaching community. The event aimed to recognize and celebrate the pivotal role of teachers in shaping the nation's future through education, guidance, and inspiration. The program was graced by the presence of the Hon'ble Chancellor Dr. R.K. Abhilashi and Chairperson of the Municipal Council Nerchowk, Dr. Narbada Abhilashi, who expressed profound gratitude to the teaching fraternity for their unwavering dedication and commitment towards promoting academic excellence. The Vice-Chancellor encouraged students to remain engaged in their educational journey, reminding them that the influence of teachers lasts a lifetime. In his concluding remarks, Prof. Chaudhary motivated teachers to stay relevant and inspiring by embracing innovative educational trends and continuously evolving with the changing times.

HEALTH AND AYURVED: DIFFERENT SIDES OF THE SAME COIN

On the occasion of Ayurveda Day, the students of Abhilashi Ayurvedic College, Chailchowk, organized a grand rally aimed at spreading awareness about the relevance of Ayurveda in maintaining health and preventing diseases. The rally commenced from the college campus and, passing through various routes, culminated at Naogrown.

It witnessed enthusiastic participation from students of nearby colleges, AYUSH practitioners, social workers, and members of the local community.

WORLD FIRST AID DAY CELEBRATED



The Department of Medical Laboratory Technology at Abhilashi University, Mandi, celebrated World First Aid Day. The event promoted awareness about first aid techniques, emergency response readiness, first aid kits, and health safety among students and faculty. Sessions combined theory with practical demonstrations, enabling students to gain life-saving skills and understand the importance of quick, informed action during emergencies. Through case studies, simulations, and interactive activities, students built confidence and learned the value of responsibility and preparedness—not only for campus life but also for the wider community.

LIVE NATURALLY, LIVE HEALTHY



On the occasion of National Ayurveda Day, an Indoor Plantation Activity was successfully organized by the Faculty of Education, Basic Sciences & Humanities. All the students of B.Sc.B.Ed.(Integrated) planted a variety of indoor plants in the indoor garden of the department such as money plant, aloe vera, snake plant and many other medicinal & ornamental plants, highlighting the essence of Ayurveda, which emphasizes harmony with nature and holistic well-being.

VISIT TO KRISHNA-LALIT OLD AGE HOME



In a world that is constantly moving forward, we often overlook the wisdom and experiences of the older generation. It is essential to remember that they are the

living repositories of our history and culture. Seeking to bridge this generational gap, the students of B.Sc. Ist Sem School of Agriculture, Abhilashi University, embarked on a visit to Krishna Lalit old-age home, SunderNagar under the guidance of Dr Ankita Chaudhary and Ms Shivani Kaundal. Students engaged in conversations with the elderly proved to be an enlightening experience. The Visit to the old age home was highly appreciated by Dean, School of Agriculture Dr. P.C. Sharma. He emphasized that the visit is a transformative experience for students and would help them to value and give honour and respect to the older generation.

EXPOSURE VISIT OF MANAGEMENT STUDENTS



Students from the School of Management at Abhilashi University stepped out of the classroom and into the world of industry with an exciting visit to the Chakkar Milk Plant in Mandi. This immersive experience, part of their practical learning program, allowed them to connect management theory with real-world applications.

WORLD RABIES DAY CELEBRATION



School of Veterinary Sciences at Abhilashi University celebrated World Rabies Day with enthusiasm and academic commitment. The event was held under the guidance of Hon'ble Chancellor Dr. R. K. Abhilashi, Pro-Chancellor Dr. L. K. Abhilashi, Hon'ble Vice Chancellor Prof. H. K. Chaudhary, Dr. V. K. Gupta (Dean, Vet Sciences), and Dr. P. C. Sharma (Dean, Agriculture & Director, IQAC). We were honored to have Dr. Naresh, Senior Veterinary Officer at SDVH Gohar, as the Chief Guest. The day began with a hands-on Anti-Rabies Vaccination Drive at the Veterinary Clinical Complex (VCC), where dogs from the campus and surrounding areas received vaccinations, showcasing the university's commitment to animal welfare and community service.

Following the vaccination drive, Dr. Richa Negi delivered an insightful lecture on rabies—its causes, transmission, prevention, and the essential role of vaccination. Her lecture provided practical and scientific insights for the students.

NEWS LETTER

October-December, 2025

VOL. 11
NO. 04



ABHILASHI UNIVERSITY

Chail Chowk, Distt. Mandi (H.P.)



Approved by: H.P. Govt., UGC, NCTE, PCI, NCISM, VCI, HPPEREC, HPSPVC, SAHC, IAP

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PLEDGE FOR T.B. FREE INDIA



The Red Ribbon Club of Abhilashi University organized a pledge ceremony as part of the "TB-Free India" campaign, aligning with the directives of the Himachal Pradesh State AIDS Control Society. Dr. Vandana Kapoor, Nodal Officer of the Red Ribbon Club, urged students to actively participate in the movement by spreading awareness and supporting efforts to eradicate tuberculosis from Himachal Pradesh.

A VISIT TO INDIAN ASSOCIATION OF MUSCULAR DYSTROPHY

The School of Physiotherapy, Abhilashi University, organized an educational visit for its third- and fourth-year students to the Indian Association of Muscular Dystrophy (IAMD), Solan, Himachal Pradesh to provide students with an in-depth understanding of the progressive nature of muscular dystrophy and to familiarize them with the physiotherapy practices and interventions adopted by the NGO. During the



interaction, Ms. Sanjana Goyal, President of the Association and a person living with muscular dystrophy herself, shared her personal experiences and insights about the challenges, struggles, and lifestyles of those affected by the condition. She inspired the students by emphasizing the importance of physiotherapy and the continuous process of learning in this field.

SPECIAL SESSION ON CYBER HYGIENE

Abhilashi University successfully conducted a week-long series of special sessions on Cyber Hygiene, organised by the Internal Quality Assurance Cell (IQAC) under UGC guidelines. The initiative aimed to enhance students' understanding of cyber safety, digital ethics, and responsible online conduct in today's tech-driven era. The sessions, led by Sh. Kunal Sood, Senior Technical Officer (IT & GIS), covered topics like phishing scams, online payment fraud, e-commerce traps, e-KYC misuse,

deepfakes, Digital footprints, email scams, juice jacking, cyberbullying, social engineering and data theft. Through real-world case studies and discussions, he also highlighted how AI tools and emerging technologies are reshaping the digital landscape, teaching students how to use AI responsibly and protect themselves from AI-based fraud and impersonation.



AYURVEDA, YOGA AND VALUES WITH DR. AMIT GULERIA



Abhilashi University, Chailchowk, witnessed an inspiring interaction when Dr. Amit Guleria, Additional Director, Department of Ayurveda, Government of Himachal Pradesh, visited the campus and interacted with the students and faculty of Ayurveda and Health Sciences. Vice-Chancellor in his welcome note highlighted that Dr. Guleria is not only a distinguished veterinarian and able administrator but also a spiritually inclined personality whose multifaceted vision continues to inspire youth and professionals alike. Dr. Guleria in his address emphasized the importance of India's rich cultural and stressing the need to stay away from drugs, he encouraged everyone to adopt yoga, follow the Indian system of medicine (Ayurveda), respect traditions, and uphold the values of parents and elders. He also inspired students to follow the teachings of the Shrimad Bhagavad Gita to lead a meaningful and disciplined life.

FOCUS ON SUSTAINABLE AND NUTRITIOUS FUTURE



The School of Agriculture, Abhilashi University, celebrated World Food Day with great enthusiasm, scientific engagement, and creative expression. The event highlighted the importance of food security,

sustainable agriculture, and nutrition for all, inspiring students to contribute towards a healthier and more resilient world. The program began with a special online lecture on the theme 'Hand in Hand for Better Foods and a Better Future' delivered by Dr. Ranjana Verma, Professor, Food Science, Nutrition & Technology, CSKHPKV, Palampur. She emphasized collective efforts by farmers, researchers, policymakers, and youth to build sustainable and resilient food systems, motivating students to become proactive agricultural professionals and change-makers.

SCHOOL OF HEALTH SCIENCES HOSTS GRAND FRESHERS' PARTY



The School of Health Sciences, Abhilashi University, Mandi (Himachal Pradesh) organized a vibrant Freshers Party at the University Auditorium to warmly welcome the newly admitted students. The celebration aimed to foster friendship, confidence, and enthusiasm among newcomers while embracing the spirit of unity and belonging within the university community.

VISIT TO NATIONAL INSTITUTE OF AYURVEDA, JAIPUR



Students from Abhilashi Ayurvedic College, Chailchowk, along faculty members, visited the renowned National Institute of Ayurveda (NIA), Jaipur. The educational tour focused on exploring the Herbal Garden, Pharmacy, and Hospital units, offering valuable insights into Ayurvedic education & practice.

UNIVERSITY MARKS PRESENCE AT NATIONAL INNOVATION CONCLAVE



Dr. Arti Sharma, Associate Director (Research), Abhilashi University, was selected under the Young S&T Leader category to participate in the Emerging Science, Technology and Innovation Conclave (ESTIC-2025), organized by the Department of Science and Technology (DST) in collaboration with 12 other Ministries of the

Government of India. Held at Bharat Mandapam, Pragati Maidan, New Delhi from 3rd–5th November 2025, the prestigious conclave was inaugurated by the Hon'ble Prime Minister of India and witnessed participation from over 3000 scientists, technologists, innovators, and policymakers from across the country. The event aimed to accelerate India's vision of Viksit Bharat@2047 through collaboration and innovation in emerging fields of Science, Technology, and Innovation. Dr. Sharma had the enriching opportunity to interact with Nobel Laureate Prof. Andre Geim (discoverer of Graphene) and Group Captain Shubhanshu Shukla (IAF & ISRO) — India's first astronaut on the International Space Station (ISS) — along with several eminent scientists and innovators.

NDLI CLUB EXCELLENCE AWARD



National Digital Library of India (NDLI), an initiative of the Ministry of Education developed by IIT Kharagpur. The university is ranked 1 in the State for promoting open educational resources and activity-based learning, among top-performing institutions at the national level. The award was received by Mr. Kunal Sood (STO-cum-Secretary), NDLI Club, Abhilashi University, at the International Symposium on Knowledge Engineering in Digital Libraries held at IIT Kharagpur from November 3–5, 2025. Over the past year, the NDLI Club organized impactful lecture series and events to enhance digital literacy and technical skills, empowering students to thrive in today's rapidly evolving digital landscape.

UNIVERSITY CELEBRATES CONSTITUTIONAL DAY



Abhilashi University celebrated Constitution Day with immense enthusiasm and reverence. The program commenced with a collective reading of the Constitution's Preamble and an oath-taking ceremony by students and faculty members from various departments. Everyone pledged to uphold and protect the constitutional and moral values of the nation.

WORLD AIDS DAY :RAISING AWARENESS TOGETHER

The Red Ribbon Club of Abhilashi University, in collaboration with Abhilashi Ayurvedic College & Research Institute and NSS Unit, hosted an impactful

awareness program today to mark World AIDS Day. The event, held at the university campus, included a skit, poster-making competition, and lectures aimed at educating and spreading awareness about HIV/AIDS. Professor H.K. Chaudhary, Vice Chancellor of Abhilashi University emphasized the importance of community support, education, and breaking the stigma surrounding HIV/AIDS. Further he encouraged the university community to be proactive in spreading awareness and fostering a culture of empathy and understanding.



INTERNATIONAL DAY OF PERSONS WITH DISABILITIES CELEBRATED



The School of Physiotherapy observed International Day of Persons with Disabilities. The theme for this year's event was "Fostering Disability-Inclusive Societies for Advancing Social Progress." In his inaugural address, Prof. Chaudhary highlighted the significance of the day, emphasizing the importance of raising awareness about disabilities and fostering a more inclusive society. He shared inspiring stories of individuals with disabilities who have made remarkable contributions to fields such as science and technology, underscoring the potential of inclusive societies in driving social progress.

HEALTHY SOILS FOR HEALTHY CITIES



School of Agriculture celebrated World Soil Day with a focus on the theme "Healthy Soils for Healthy Cities." The event featured an insightful lecture by Dr. Ravinder Kumar, who discussed the crucial role of soil management in promoting healthy crop production. Prof. P.C. Sharma, Dean of the School of Agriculture, highlighted the significance of this day, noting that it coincides with the official birthday of the late King Bhumibol Adulyadej of Thailand, a prominent advocate for soil health who played a key role in promoting the event at the United Nations.

SPECIAL SESSION UNLOCKING THE POWER OF BIOCHEMISTRY

Dr. Rajan Katoch, Dean of the College of Basic Sciences at CSK Himachal Pradesh Agricultural University, Palampur, visited Abhilashi University. Dr. Katoch delivered an insightful talk on the Role of Biochemistry in Ayurveda, Pharmacy, Veterinary Sciences, and Agriculture, emphasizing the interdisciplinary impact of biochemistry in these fields. He highlighted biochemistry's growing importance in research and development across diverse disciplines. The event was presided over by Hon'ble Vice-Chancellor Prof. H.K. Chaudhary, who highlighted how biochemistry bridges modern science and traditional knowledge, particularly in Ayurveda. He explained that biochemical research is helping validate and improve plant-based medicines used in Ayurveda, leading to better therapies.

PLANT CLINIC CAMPS: EMPOWERING FARMERS



Agriculture students (B.Sc. Final Year) from Abhilashi University organized Plant Clinic Camps in Chachyot & Naun, engaging with local farmers to share valuable knowledge on sustainable farming practices. The students covered essential topics like seed treatment, pest management, vermicomposting, floriculture, beekeeping, and mushroom production. Using visual aids like charts and posters, they made complex concepts accessible and easy to understand. The farmers were actively involved, appreciating the practical knowledge shared. The camps also received strong support from local leadership, including Chachyot Panchayat Pradhan Mr. Mohinder Singh and Naun Panchayat Up-Pradhan Mr. Hem Singh. They expressed their interest in making these camps a regular event to further support local farming communities.

NAVAYUSAM : FRESHERS FIESTA OF NEW BEGINNINGS



Abhilashi University, Mandi, celebrated the festival of new beginnings with a grand Freshers' Party 'Navayusam' organized by Abhilashi Ayurvedic College to welcome the newly admitted BAMS First Year students. The event was designed to give the freshers a warm reception and introduce them to the academic and cultural environment of the university. Chancellor, Dr. R.K. Abhilashi, highlighted the importance of discipline, moral values, and dedication in the field of Ayurveda,

inspiring students to take full advantage of the holistic learning environment and academic opportunities offered by the university.

WORLD RABIES DAY CELEBRATION UNIVERSITY SHINES ON THE GLOBAL STAGE



Dr. Arti Sharma, Associate Director (Research), proudly represented Abhilashi University at the prestigious International Conference on "Developing Scientific Technology and Innovation in the New Time" hosted by Tay Do University in collaboration with Nan Can Tho University and University of Phan Thiet, held in Can Tho City, Vietnam (19-20 December 2025). Dr. Sharma delivered an impactful oral presentation on "Drought Stress-Mediated Consequences on Morphology and Physiology of Fagopyrum esculentum", shedding light on the challenges of drought stress and its implications for climate-resilient agriculture. Her research was highly appreciated by the international scientific community. With over 300 delegates from countries including India, China, Japan, Cambodia, Taiwan, Indonesia, Malaysia, and Singapore, the conference became a vibrant hub of global academic exchange.

CONGRATULATIONS DISHA NADDA

Ms. Disha Nadda student of the B.Sc. B.Ed. (4year Integrated Program), who has been selected as a Trained Graduate Teacher (T.G.T Non Medical). Her hard work, dedication, and perseverance have truly paid off. University incredibly proud of her achievement and wishes her all the best in her future endeavours.



RECOGNIZING OUTSTANDING INNOVATION IN PLANT SCIENCES



Plant Sciences. The award was conferred by Prof. S. K. Bhatnagar, Founder of SPR, on 12 November 2025 during the National Conference at Graphic Era University, Dehradun.

Dr. Arti Sharma, Associate Director (Research), Abhilashi University, has been honoured with the Young Scientist Award 2025, presented by the Society for Plant Research (SPR) and Vegetos Journal (Springer Nature) for her outstanding contributions to