# **SCHOOL OF PHYSIOTHERAPY**

## **Activities**

### 1<sup>ST</sup> MARCH, 2023 CRC EDUCATIONAL VISIT

School of physiotherapy headed by Dr. Vivek Chauhan organised a visit to on 1st March CRC composite regional centre Sundernagar where students were briefed by experts for multidisciplinary approach in rehabilitation of disabled including physiotherapy, occupation therapy, prosthetic and orthotics, hearing impaired, specially abled kids rehabilitation.



### **8<sup>TH</sup> SEP, 2023 WORLD PHYSIOTHERAPY DAY**

On Friday 8 September, 2023 the school of physiotherapy, Abhilashi University, Chailchowk, Mandi celebrated this global occasion 'World Physiotherapy Day'. The day is observed to highlight, the theme given by WCPT (World Confederation of Physical Therapy) "inflammatory arthritis" with in depth look at various forms of inflammatory arthritis which includes Rheumatoid Arthritis and Ankylosing Spondylitis. The day was celebrated in Abhilashi University by the Faculty and students of School of Physiotherapy. They participated in poster making



competition, aerobic fitness dance and a skit based on the theme of world physiotherapy day. Winners of poster making competition were awarded by the Hon'ble Vice Chancellor of the event.

#### 29<sup>TH</sup> SEPT, 2023 WORLD HEART DAY

On Friday 29 September, 2023, the School of Physiotherapy, Abhilashi University, Chailchowk, Mandi celebrated this global occasion World Heart Day. The day is observed to highlight, the theme 'Use heart, know heart' given by WHF (World Heart Federation). The day was celebrated in Abhilashi University by the students of School of Physiotherapy. They participated in poster making competition and quiz competition based on the theme of world heart day. Winners of poster



making competition and quiz competition were awarded by the guest of the event. The presence of guest of Honour Dr. D.K. Mishra, Dean School of Ayurveda accompanied by head of the department Dr. Vivek Chauhan and faculty members of Physiotherapy Department including the students had made the event truly successful. The blessings were showered by Dr. D.K. Mishra and he marked the importance of physiotherapist in cardiac care. Dr. Samriti Chauhan highlighted the importance of cardiac physiotherapy in day to day life and awareness about the theme. The efforts of students were applauded by the guest present in the hall.

## 13<sup>TH</sup> OCT, 2023 FRESHERS PARTY

In a lively celebration, the School of Physiotherapy at the university marked the initiation of a new academic year with a Fresher's Party for the first-year BPT students. The event, carried out with the blessings of the Hon'ble Chancellor, Pro Chancellor, Hon'ble Vice Chancellor, Vice Chairperson of AES, Dr. Narbda, and Mr. Narender FO AU, brought a sense of enthusiasm and warmth to welcome the newcomers. Dr. Vivek Chauhan, Head of the Department (HOD) at the School of Physiotherapy, extended a warm welcome to all attendees, including the faculty of Physiotherapy. He inspired and motivated the students, setting the tone for a successful academic journey.



## 27<sup>TH</sup> & 28<sup>TH</sup> OCT, 2023 WORKSHOP

The School of Physiotherapy successfully organised a hands-on workshop on "Sports Taping" on all soft tissue injury of upper & lower limb along with management of cervical & lumbar spine. The Resource person for two days was Dr. Upender Goswami, Physiotherapist from Chandigarh with 27 years of experience Students and expertise. had case discussions and management of injuries. Work shop was inaugurated by Hon'ble Vice Chancellor. Registrar, DSW and Dean Health Sciences were present in inaugural Hon'ble Vice Chancellor ceremony. motivated students and elaborated the importance of physiotherapy in daily life.

