CME/National Conference and other Academic Activity

C.M.E.: On dated 17April 2023 a C.M.E. was conducted at Abhilashi Ayurvedic college and Research Institute. Er. Kapil Kapoor Registrar Abhilashi University and Dr. D.K. Mishra Dean Ayurveda felicitated the speakers. The topic of first session was "**Recent guidelines on diagnosis and treatment of T.B.**" and of second session was "Programatic management of tuberculosis preventive treatment in India."The lectures were delivered by Dr. Ashok Bhardwaj, Chairman National Task Force NTEP and Dr.Ravinder Kumar W.H.O. Consultant NTEP(H.P.).Dr. Arindom Roy Distt. T.B. Survillance officer, Mandi and Dr. Rakesh Roshan Kaushal B.M.O. Bagsaid were also present in the C.M.E. All the staff and students of Abhilashi Ayurvedic college and Research Institute participated in this C.M.E..





National Conference

On dated 03Nov 2023 5th Ayurveda Conference "ABHIMANTHAN" was held whose theme was "Scope Of Research In Ayurveda". Chief guest and key note speaker was Prof. V d Kartar Singh Dhiman(Vice Chancellor Shri Krishna Ayush University Kurukshetra Haryana) motivated students towards research and also explain ayurvedic medicines and their role during COVID-19. They also explains about working of CCRAS, another chief guest was Prof. Vijay Chaudhary (Rajiv Gandhi Government Post Graduate Ayurvedic College Paprola) also explains about scope of research and values of research. Chairman Dr. R.K. Abhilashi also blessed the students with its motivational words and also congratulate students selected for A.M.O. Pro-chancellor DR.L.K Abhilashi, Vice Chairperson Dr. Promila Abhilashi Education Society, Vice Chancellor Prof. H.S Banyal, Registrar Dr. Kapil Kapoor also grace the occasion. Principal Dharmendra Kumar Mishra also congratulate the students and staff for successful event. Vice Principal Dr. Divya Deepak Sharma was given vote of thanks at the end of program.







अभिलाषी विवि में 5वीं राष्ट्रीय आयुर्वेदिक कॉन्फ्रेंस ''अभिमंथन'' का हुआ आयोजन



आयुर्वेदिक गोहर अभिलाषी और कॉलेज अनसंधान संस्थान द्वारा 5वीं राष्ट्रीय आयुर्वेदिक कॉन्फ्रेंस "अभिमंथन का आयोजन किया गया। जिसका शीर्षक स्कोप ऑफ रिसर्च इन आयर्वेदा" रहा। इस राष्ट्रीय आयर्वेदिक कॉन्फ्रें में पूरे देश के विभिन्न राज्यों जैसे की हरियाणा, पजाब उत्तराखंड से आये हुए प्रशिक्षु डॉक्टरों, डॉक्टरॉ, प्रोफेसरॉ और अन्य संकार्यों के छात्रों ने स्कोप ऑफ रिसर्च विषय से सम्बंधित अपने शोध पत्र प्रस्तुत किए। इस कार्यक्रम में कृष्णा आयुष विश्वविद्यालय. कुरुक्षेत्र, हरियाणा कलपति प्रो. वैद्य करतार सिंह धीमान ने बतौर मख्य अतिथि एवं मुख्य वक्ता के रूप में शिस्कत की। आर.जी.पी.जी. आयुर्वेदिक कॉलेज पपरोला हिमाचल प्रदेश के प्रधानाचार्य प्रो. डॉ विजय चौधरी ने विशिष्ट अतिथि के तौर पर अपनी उपस्थिति दर्ज करवाईं। कार्यक्रम के सफल आयोजन पर अभिलाषी विश्वविद्यालय के प्रो. चांसलर डॉ. एलके अभिलाषी ने सभी को बधाई दी।



9th International Day of Yoga (IDY) celebration : on 21th June, 2023 Abhilashi

Ayurvedic college and Research Institute celebrated 9th IDY according to general protocol as directed by NCISM and UGC.. The thrust of the IDY observation this year is '*Harmonious Mass Yoga Demonstrations*' and the theme for this year is "Yoga for Vasudhaiva Kutumbakam"

or "Yoga for the Welfare of All as One World-One Family". The Domestic tagline for IDY '23 is "Har Aangan Yog" being propagated to bring Yoga to every household at the grassroot level.

Honble Vice chancellor Abhilashi University Prof. H.S. Banyal, Dean student Welfare Dr. Devinder Sharma, Director Research Dr. Vivek Chauhan, Dean Ayurveda Dr. D.K. Mishra, teachers and students of Atyrveda participated in this event. In the end of session Honble Vice chancellor threw light on benefits of yoga and Dr.D.K. Mishra encouraged students to practice yoga on regular basis.



Swachhta Abhiyan: Abhilashi Ayurvedic College organized Cleanliness Drives on dated 11.04.2023, 26. .04. at Village Nougraun, lead by Dr. Sukhwinder, Dr. Vinod Katoch. On dated 18.05.2023,26.05.2023 at Roudri lead by Dr.Desraj & Dr.Manoj. On dated 01/06/2023 at Abhilashi University campus Chailchowk lead by Dr. Desraj & Dr. Manoj.

The Main purpose of this programme was to create awareness among the student regarding Cleanliness and its benefits. Under this programme all the students had to participate.

Biomedical waste Management Seminar : All Faculty and students of Abhilashi Ayurvedic College and Research Institute attended a Lecture on Biomedical waste management and mission LiFE at Abhilashi University Auditorium dated 16 May 2023. The Speaker was Mr. Chaman Thakur, Scientific Officer, H.P. State Pollution Control Board, Sundernagar. The speaker explained in detail about the Biomedical Waste Management Rules, 2016 and "Mission LiFE lifestyle for enviornment". After the lecture all the participants pledged to develop life style to preserve the environment.



World No Tobocco day: Abhilashi Ayurvedic college and Research Institute celebrated World No Tobocco day 31 May 2023 at Abhilashi University.All The faculty and Students of Ayurveda Depatment attended the event. Dr.Vinod,Dr.Vishal Delivered awareness lectures on the harmful effects of tobacco.All the participants pledges to stay away from tobacco and make awareness in society tabout the dangers of consuming tobacco.



Poster Making Competition : Abhilashi Ayurvedic college and Research Institute organised a Poster Making Competition on dated 20-06-2023 on occasion of International Yoga Day under the theme "Yoga for

vasudhaiva kutumbakam".BAMS student Tina,Kajal and Nancy respectively stood 1st,2nd,3rd in this competitioWinners were Awarded by Honble Vice chancellor Abhilashi University Prof.H.S.Banyal.

1. **Village Health Awareness Camp was** organized in Village Ganai on dated 03.08.23 accompanied by DR. Uday Singh & Aastha NurseThey explained about the Hygiene condition and also explained the diseases condition and there side effect and Treatment. They also advised the people to come and visit Abhilashi Ayurvedic Hospital for medical Treatment.

2. Charak Jayanti 21 Aug 2023

Maharishi Charak Jyanti was celebrated in conference hall of Ayurveda block .Lectures regarding Acharya Charaka teaching and his beautiful Samhita book was delivered by students of 1st ,2nd ,3rd and 4th year students along with that poster presentation was also conducted .Students for best lectures and poster presentation were felicitated. Ayurveda teachers were also present, Dr.D.K Mishra aware students about importance of Charaka Samhita.

- 3. Village Health Awareness Camp was organized in Village Traur on dated 05.09.23 accompanied by Dr.Priti & Manisha Nurse. They explained about the Hygiene condition and also explained the diseases condition and there side effect and Treatment. They also advised the people to come and visit Abhilashi Ayurvedic Hospital for medical Treatment.
 - 7. Village Health Awareness Camp was organized in Village Traur on dated 08.09.23 accompanied by Dr.Priti & Manisha Nurse. They explained about the Hygiene condition and also explained the diseases condition and there side effect and Treatment. They also advised the people to come and visit Abhilashi Ayurvedic Hospital for medical Treatment.
 - 8. Village Health Awareness Camp was organized in Village Traur on dated 11.09.23 accompanied by DR. Uday & Aastha Nurse. They explained about the Hygiene condition and also explained the diseases condition and there side effect and Treatment. They also advised the people to come and visit Abhilashi Ayurvedic Hospital for medical Treatment.
 - 9. **A Medical Health Camp (Swaran Prashan)** Was Organized at Abhilashi Ayurvedic Hospital Chail Chowk Distt Mandi HP today on dated 11.09.23 A Team of Doctor & paramedical staff being led by Dr. Chetan Sharma Dy M.S Abhilashi Ayurvedic College and Research Institute, Chail Chowk Mandi, Visited the venue at 11:00 am to 04:00 PM. A through general health checks up of 55 patient relevant investigations were done and medicines prescribed and dispensed free. Further any patient who required further work up was asked to follow up at Abhilashi Ayurvedic Hospital within relevant time limit.
 - 10. Swachatta abhiyan 15 Sep 2023

The Main purpose of this programme was to create awareness among the student regarding Cleanliness and its benefits. Under this programme all the students had to participate. Even teacher

were the essential part of this drive. As a part of this Cleanliness Drive, We had to clean the Whole Ayurveda College. The Sweepers of the Ayurveda College had to be the observers. The Principal Dr DK. Mishra & Dr. Chetan Sharma Dy M.S started the Programme by cleaning the corners of the play ground. Teachers & Student were divided into two groups. Then the Teachers and student followed the same. Some of picked brooms and started our job. Some of the Students did the dusting of the rooms. And other went to the play ground and started picking wrappers lying Scattered there. After Collection they threw them in to the dustbins. After doing this job from 11 am to 01:00 PM, We all assembled in the ayurveda conference hall.

It was a unique experience for all of us. We were curious to be the part of this great drive that could have transformed the face of our country for ever.

11. **NDLI Club of Abhilashi University** organized an event on topic Epistaxis (Bleeding from nose) on Dated 29-09-23 in which Dr Jagriti Talwar Assistant professor Dept of Shalakya Tantra delivered a presentation about causes, treatment and factor responsible for Epistaxis. https://www.youtube.com/live/hg9nsTEmB3M



- 1. Village Health Awareness Camp was organized in Village Segli on dated 03.10.23 accompanied by DR. Uday Singh & Aastha NurseThey explained about the Hygiene condition and also explained the diseases condition and there side effect and Treatment. They also advised the people to come and visit Abhilashi Ayurvedic Hospital for medical Treatment.
- 2. Village Health Awareness Camp was organized in Village Segli on dated 06.10.23 accompanied by DR. Uday Singh & Aastha NurseThey explained about the Hygiene condition and also explained the diseases condition and there side effect and Treatment. They also advised the people to come and visit Abhilashi Ayurvedic Hospital for medical Treatment.
- 3. Village Health Awareness Camp was organized in Village Segli on dated 07.10.23 accompanied by DR. Harish & Manisha Nurse. They explained about the Hygiene condition and also explained the diseases condition and there side effect and Treatment. They also advised the people to come and visit Abhilashi Ayurvedic Hospital for medical Treatment.
- 4. A Medical Health Camp (**Swaran Prashan**) Was Organized at Abhilashi Ayurvedic Hospital Chail Chowk Distt Mandi HP today on dated 09.10.23 A Team of Doctor & paramedical staff being led by Dr. Chetan Sharma Dy M.S Abhilashi Ayurvedic College and Research Institute, Chail Chowk Mandi, Visited the venue at 11:00 am to 04:00 PM. A through general health checks up of 47 patient relevant investigations were done and medicines prescribed and dispensed free. Further any patient who

required further work up was asked to follow up at Abhilashi Ayurvedic Hospital within relevant time limit.

- 5. Village Health Awareness Camp was organized in Village Segli on dated 10.10.23 accompanied by DR. Harish & Manisha Nurse. They explained about the Hygiene condition and also explained the diseases condition and there side effect and Treatment. They also advised the people to come and visit Abhilashi Ayurvedic Hospital for medical Treatment.
- 6. On 12 ,Oct 2023 freshers party was given by 2nd Dpharma Ayurveda students to 1st year new students.In this event Chairmen DrR.K Ablilashi was chief guest ,they address the students and congratulate them .

Village Health Awareness Camp was organized in Village Segli on dated 18.10.23 accompanied by DR. Harish & Manisha Nurse. They explained about the Hygiene condition and also explained the diseases condition and there side effect and Treatment. They also advised the people to come and visit Abhilashi Ayurvedic Hospital for medical Treatment.

- 7. Freelance Life Skills Trainer Mr. Bhupesh Kumar delivered guest lecture on Interview Skills & Communication Skills on Dated 18 Oct 2023 for 3rd and 4th year students of Ayurveda. In this student learn how to enhance their communication skills and preparation required to face a interview.
- 8. Transitional curriculum on dated -16 Oct to 31 Oct 2023 for B.A.M.S 1st year Students in which students visits various others departments of university and upgrade their knowledge
- As NCISM norms under Transitional Curriculum lecture delivered by Dr.Vinod Katoch on topic "Role of Ayushin COVID-19 management and its scientific outcomes" newly admitted 1st Professional B.A.M.S students on dated- 31/10/23.
- 10. **On dated02/11/23 Abhilashi Ayurvedic** College and Research institute organized Rangoli competition on the occasion of 8th Ayurveda day under the theme "Ayurveda for one Health".
- 11. **Village Health Awareness Camp** was organized in Village Nougrawn on dated 04.11.23 accompanied by DR. Uday Singh & Aastha NurseThey explained about the Hygiene condition and also explained the diseases condition and there side effect and Treatment. They also advised the people to come and visit Abhilashi Ayurvedic Hospital for medical Treatment.

- 12. **On date 10 Nov 2023 Dhanwantri Jyanti** was celebrated with great enthusiasm. On this day Statue of lord Dhanwantri was installed and newly admitted 1st year students and holy threads were tied by Brahmins holy rituals were performed. Oath taking ceremony was also conducted for newly admitted students. Students of whole B.A.M.S and staff were also present. Dr. Promila Abhilashi Vice Chairperson Abhilashi Education Society gace the occasion.Dr R.K Abhilashi Chancellor Abhilashi university ,Dr.L.K Abhilashi Prochancellor Abhilashi University congratulate students for this successful event.Dr.Dharmendra Kumar Mishra Principal Abhilashi University along with staff and students also present to make this event successful.
- 13. **Village Health Awareness Camp** was organized in Village Nougrawn on dated 18.11.23 accompanied by DR. Monika & Manisha Nurse. They explained about the Hygiene condition and also explained the diseases condition and there side effect and Treatment. They also advised the people to come and visit Abhilashi Ayurvedic Hospital for medical Treatment.
- 14. **A seminar cum guest lecture** was given by retired ASP Sh. O.P Sharma and by chief executive officer Mr.Ajay Sharma On "Drug Abuse, Anti-ragging and Medical Ethics on dated 20/11/23 explain about consequences of Drug among students about ragging Honourable Chancellor Dr.R.K Abhilashi also grace the occasion .
 - 15. A Medical Health Camp Was Organized at Abhilashi Ayurvedic Hospital Chail Chowk Distt Mandi HP today on dated 21.11.23 A Team of Doctor & paramedical staff being led by Dr. Chetan Sharma Dy M.S Abhilashi Ayurvedic College and Research Institute, Chail Chowk Mandi, Visited the venue at 11:00 am to 03:00 PM. A through general health checks up of 62 patient relevant investigations were done and medicines prescribed and dispensed free. Further any patient who required further work up was asked to follow up at Abhilashi Ayurvedic Hospital within relevant time limit.

16. Abhilashi Ayurvedic College organized Cleanliness Drive on date 24.11.23

The Main purpose of this programme was to create awareness among the student regarding Cleanliness and its benefits. Under this programme all the students had to participate. Even teacher were the essential part of this drive. As a part of this Cleanliness Drive, We had to clean the Abhilashi University .The Sweepers of the Ayurveda College had to be the observers.

The Principal Dr DK. Mishra & Dr. Chetan Sharma Dy M.S started the Programme by cleaning. Teachers & Student were divided into two groups. Then the Teachers and student followed the same. Some of picked brooms and started our job. After doing this job from 11 am to 01:00 PM, We all assembled in the ayurveda conference hall.

It was a unique experience for all of us. We were curious to be the part of this great drive that could have transformed the face of our country for ever.

Photographs are attached for the same.

17. **On dated 01/12/23 World Aids Day** was celebrated in Abhilashi University by Red ribbons Club in which students and staff were present and Declamation, poster competition and Nukkad Natak

competition were conducted for students. Best participants were given price by our honorable chief guest R.K Abhilashi Chancellor Abhilashi university and they congratulate the staff and students and aware students about consequences of AIDS.

Principal PRINCIPAL Abhilashi Ayurvedic College & Research Institute Chail-Chowk, Distt. Mandi (H.P.)