

VOL. 07
NO. 01

NEWS LETTER

JANUARY - MARCH, 2021



ABHILASHI UNIVERSITY

CHAIL CHOWK, DISTT. MANDI (H.P.)

Approved By: H.P. Govt., UGC, AICTE, NCTE, PCI, BCI, CCIM, HPSPVC

Chief-Patron: Dr. R.K. Abhilashi
Co-Chief Patron: Dr. L.K. Abhilashi
Patron: Prof. H.S. Banyal
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COVID-19 VACCINATION CAMP

COVID-19 vaccination camps were organized by Department of Health and Family Welfare, Himachal Pradesh at Hospital of Abhilashi Ayurvedic College and Research Institute Chail Chowk.



The first camp was organised on 28 Jan 2021 and the dose of vaccination was administered to the Vice Chancellor, Registrar, Teachers, Hospital staff and students of BAMS for the prevention of COVID-19. The second dose was scheduled on 4 March 2021. Next COVID-1 vaccination camp was organized on 4 March 2021 and 2nd dose was given to the staff and students of Abhilashi Ayurvedic College and research Institute Chail Chowk.

ONLINE TEACHING PROGRAM FOR FACULTY OF B.A.M.S.

Due to the current pandemic of COVID-19 globally, the Rashtriya Ayurveda Vidyapeeth (RAV) decided to conduct The National Teachers Teaching Training program in collaboration with the Central Council of Indian Medicine (CCIM) and All India Institute of Ayurveda (AIIA) through video conferencing. Mr. Shyam Lal, Assistant Professor Sanskrit, and Dr. Pankaj Saklani, Reader, Department of Samhita Siddhant and Sanskrit Abhilashi Ayurvedic College and Research Institute were nominated by CCIM to

participate in this training program. Which was scheduled from 8th Feb 2021 to 10th Feb.2021.



COURSE APPROVAL PRESENTATION IN SHIMLA

On 9th February Vice-Chancellor, Abhilashi University has given a presentation on course approval. After detailed deliberation on the agenda item, the Council approved the proposal to start new courses for the growth and development of the University. Chancellor Dr. R.K. Abhilashi appreciated his efforts to start new courses to enhance educational excellence and to establish the University as an educational hub in the vicinity.

ACADEMIC AUDIT BY HON'BLE CHANCELLOR

On 13th March academic audit has been done by the Hon'ble Chancellor of the University. The main objective of the audit was to evaluate the teaching-learning, evaluation, research, and extension activities of the university and identify the issues that are to be attended to upgrade the overall academic quality.

HON'BLE CHANCELLOR ADDRESSED STUDENTS

Dr. R.K. Abhilashi, Chancellor, Abhilashi University called for a meeting with BAMS students on 9th March 2021. Hon'ble Chancellor gave his blessings to the students and enlightened them with his valuable views.



Dr. R.K. Abhilashi guided the students to stay away from any type of drugs, as the drugs in the present era are destroying the new generation very extensively. He stressed that nobody should get involved in drugs and the environment of Abhilashi University should be drug-free. The Youth of our nation should focus on their mental and physical well-being. Hon'ble Chancellor ensured that Abhilashi University management is determined to provide all facilities to the students. Dr. R.K. Abhilashi said that there will be more focus on practical education so that the students don't lack knowledge in this COVID-19 pandemic which has lead education institutes to take online classes in past. The Deans of various Faculties and University Teaching staff were also present in this meeting.

WORKSHOP ON DRUG ABUSE PREVENTION

A workshop was organized on drug abuse prevention at Abhilashi University on 26 March 2021 and students were made aware of drug abuse. Superintendent of Police Mandi, Shalini Agnihotri, was the Guest speaker of this workshop Ms. Agnihotri said that drug abuse is a slow poison. It has destroyed millions of lives. If it is not stopped it will seriously injure society and the future of our country. The parents of the new generation along with the youth of India should try to make India drug-free.



Mr. O.P. Sharma Convener cum Advisor H.P. Nasha Niwaran Board said that drugs are a social evil. It destroys physical, mental, and social health. We should make aware the new generation about drug abuse and all of us should pledge that we will not indulge in any kind of drug abuse.



Dr. R.K. Abhilashi Chancellor Abhilashi University told the students that the use of narcotic drugs not only affect their lives but also destroy the life of their parents and well-being of the society. He said that drug addiction has become a curse and it is hollowing out the roots of the country and society, so he motivated the students to stay away from the drugs and become aware of their future. Prof.H.S.Banyal, Vice-Chancellor Abhilashi University also addressed the students. Er. Kapil Kapoor, Registrar Abhilashi University Controller of Examination Mr. Kishori Lal, Deans of different Faculties, Teaching and non-teaching staff of Abhilashi University have embraced the gathering by their presence.

ABHILASHI UNIVERSITY ORGANIZED KATHAK NRITYA KARYASHALA

Abhilashi University organized Kathak Nritya Karyashala. In this Programme, Dinesh Gupta First Male Postgraduate Kathak Dancer of Himachal Pradesh performed with their disciples Vishnu Stuti, Dashaavatar, Thumri Tarna, and Kathak fusion. Dinesh Gupta is awarded by Himachal Kesri Award, Himachal Excellence Award, and Swami Vivekanand Award. Dr. R.K Abhilashi, Chancellor Abhilashi University honored Dinesh Gupta for his contribution in the field of classical dance.



WORLD CANCER DAY

School of Pharmacy, Abhilashi University celebrated "World Cancer Day" on 4th Feb 2021. The theme for World Cancer Day 2021 was 'I Am and I Will'. It was a multi-year campaign that began in 2019 and this year will mark the last year. The theme represented an empowering call-to-action urging personal commitment, it also represented the power of action taken now to have a positive impact on the future. Mr. Sunny Dhiman, Asst. Prof. delivered a lecture on awareness on World Cancer Day and said that the aim to observe World Cancer Day is to reduce misconceptions about cancer and to help people in getting the right information about it. The top cancers that affect the Indian population are lung, breast, cervical, head and neck, and colorectal cancer (CRC).



UNIVERSITY PARTICIPATED IN SHIVRATRI FAIR

Traditional fervour marked the beginning of the week-long Swarnim International Shivratri Fair of Mandi on Friday 12th March, as thousands of people participated in the procession carrying their local deities dancing all the way up to the historic Paddal ground. Over 150 deities from Mandi district participated in the 'Jaleb', the traditional Shobha Yatra. Addressing people at the Paddal ground, Himachal Pradesh Chief Minister Jai Ram Thakur felicitated the people of the state on the auspicious occasion of International Shivratri festival, which is being celebrated this year as Swarnim International Shivratri Fair to mark fifty years of HP's statehood. On 13th March students of Abhilashi University made its presence by presenting Himachali Folk Dance.



STUDENTS SELECTED FOR NATIONAL-LEVEL CAMP

Mr. Pankaj and Ms. Anchal from the School of Pharmacy were selected for the NIC National Camp organized by the Ministry of Youth Affairs and Sports, Govt. of India at Jaipur from 20th to 26th March 2021. It's always the rewards that keep the students going in a positive direction towards their goals. Preparing for competition helps in finding out the scholastic talent in students. It was about helping the students be the best. It builds up a positive spirit among students and gives ambition and motivation for students.



SENSITIZATION PROGRAMME ON KIRAN

At Abhilashi University campus Sensitization program was organized in collaboration with Regional Centre for skill development Rehabilitation and Empowerment, Sunder Nagar. The Ministry of Social Justice and Empowerment has launched 'KIRAN' to provide support to people facing anxiety, stress, depression, suicide thoughts, and other mental health concerns. Dr. Shatrughan Singh Assistant Professor Clinical Psychology Cum Coordinator MHRC, CRC, Sunder Nagar and Shri Priyadarshi Mishra, Rehabilitation Officer Cum Assistant Coordinator Kiran enlightened everyone with their knowledge and presence. Deans Coordinators of various Schools/ Departments were present along with their students. Prof. H.S. Banyal, Vice-Chancellor, Abhilashi University welcomed the eminent speakers. The program was ended with a vote of thanks.

SCHOOL OF PHARMACY PARTICIPATED IN POSTER & DECLAMATION CONTEST

Students of the School of Pharmacy participated in poster making and declamation contest held on 20th March 2021 organized by Nasha Nivaran Committee, Abhilashi University for the awareness of students against intoxication and won prizes and blessed by the Hon'ble Vice-Chancellor Prof. H. S. Banyal and Dr. Promila Abhilshi Vice-Chairperson Abhilshi Educational Society. Registrar, Deans, HOD of various departments were also present to bless the participants.



CHAIL PUBLIC SCHOOL VISITED UNIVERSITY

On 1st March 2021 students of Chail Public School, Chail chowk visited the School of Pharmacy. Students visited various laboratories including central instrumental laboratory equipped with sophisticated instruments. The faculty members of different departments (Faculty of Pharmacy) demonstrated their laboratory equipment and delivered the operational procedures to every students.

VICE-CHANCELLOR MET HON'BLE GOVERNOR

Prof. H. S. Banyal, Vice-Chancellor, Abhilashi University met Hon'ble Governor Shri Bhandaru Dattatreya at Raj Bhawan, Shimla. He expressed his gratitude to the Hon'ble Governor for his guidance. He also informed about the research activities and new programs for the students and farmers. Governor appreciated the enthusiasm and efforts of the Vice-Chancellor for the development of the University.



Dr. Abhishek Soni demonstrated the working procedure of Pharmacy department and delivered the brief lecture on the extraction and distillation process useful to them in respect to their curriculum.

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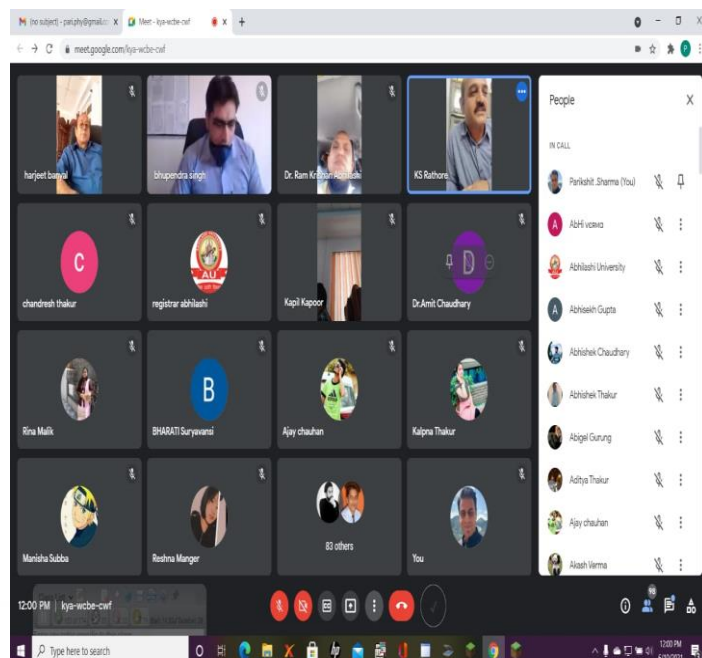


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WEBINAR ON PERSONALIZED MEDICINES

On dated 10.06.2021 School of Pharmacy, Abhilashi University organized a webinar on the Role of Drug Discovery for Future Generation. Dr. R.K Abhilashi, Chancellor, Abhilashi University inaugurated the program. More than 100 academicians, professionals, and Ph.D scholars from different Universities /colleges across the country participated in this scientific webinar. Vice-Chancellor Prof. H.S Banyal emphasized that advancements in genotyping are improving transplant outcomes and dramatically improving our ability to predict the potential for a patient to experience severe hypersensitivity reactions to a drug. He also discussed translating new knowledge about personalized medicines, pharmacogenomic biomarkers into routine clinical practice has become reality rather than a futuristic vision. Speaker, Dr. Kamal Singh Rathore, Prof. & Head (Dept. of Pharmaceutics), B.N College of Pharmacy, B.N University, Udaipur said that changes in medical technology provide an opportunity for the patients and the healthcare provider to know the risk

of disease, response to the therapy, and benefit from more targeted and effective treatment. Further he added that we will have to incorporate technology in



reading and research over time. This is the need of the hour. The field of science and genetics allows us to develop effective, safe medications and doses tailored to an individual's genetic makeup what we call today "targeted therapy" which is either small-molecule drugs or monoclonal antibodies. At the end of the webinar, the experts resolved the queries of teachers and research students. The program was ended with a vote of thanks by the Dean, School of Pharmacy.

SCHOOL OF PHARMACY CONDUCTED ONLINE PLACEMENT

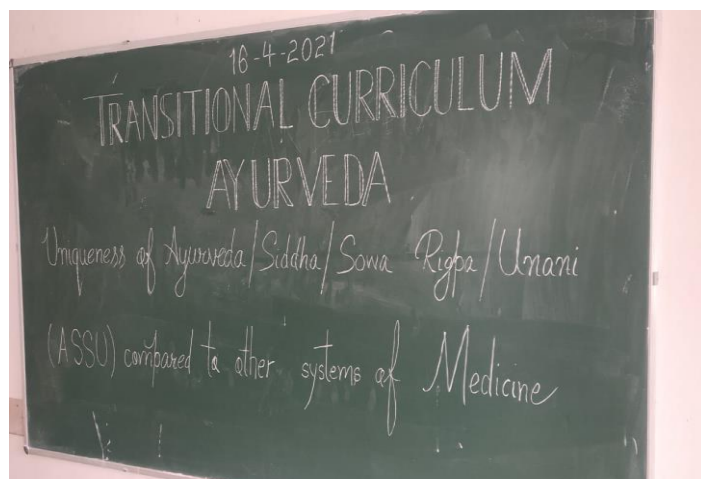
Macleods Pharmaceuticals Ltd, Baddi, Himachal Pradesh conducted an on-line recruitment drive for B. Pharmacy students.



Four students from B. Pharmacy final year were selected and they have joined Macleods Pharmaceuticals in their various divisions. This plant in Himachal Pradesh is dedicated to the manufacturing of oral solids, oral liquids, soft gels and topicals. This facility is also approved by USFDA, UKMHRA, WHOPOQ, and other stringent regulatory authorities.

TRANSITIONAL CURRICULUM AYURVEDA PROGRAMME IN ABHILASHI UNIVERSITY

As per the direction of NCISM, Abhilashi Ayurvedic College and Research Institute, Abhilashi University organized 15 days Transitional Curriculum Ayurveda program.



This program was conducted from 16th April to 6th May 2021. Inaugural Function was done by Dr. R. K. Abhilashi, Chancellor, Abhilashi University. During the program, teachers interacted with parents and students to make them aware of Ayurvedic medicines and various methods of examination in Ayurvedic literature mainly in Charak Samhita. Dr. Vishal Sharma told the difference and uniqueness of Ayurveda /Siddha/Sowa Rigpa/Unani (ASSU) to other system of medicine. Dr. Vikas shared his views about Vriksh Ayurveda and Mrigayurveda. On the last day of the program, students visited Ayush hospitals, dispensaries, pharmaceuticals, and other institutions. Prof. H.S. Banyal, Vice-Chancellor, Abhilashi University congratulated Dean and all the faculty members for the successful completion of the program.

CELEBRATION OF FOUNDATION DAY AT ABHILASHI UNIVERSITY



The foundation day of the Abhilashi Education Society was celebrated at Abhilashi University. The Society was established by Late Shri Tulsi Ram Abhilashi Ji who was a great visionary and socialist. On this day prayers were offered to the goddess of Knowledge Dr. Promila Abhilashi, Vice-Chairperson, Abhilashi education Society shared that keeping in view the needs and sentiments of the local people of Ner Chowk, the final proposal of Abhilashi Educational Society was completed on this auspicious day.



Vice-Chancellor, Abhilashi University congratulated everyone on this occasion and said that for the last 21 years Abhilashi Group of Institutions is providing quality education and emerged the biggest group in Himachal Pradesh. On this occasion, Registrar, Abhilashi University, Dean, School of Ayurveda, and other Schools / Departments were also present.

WEBINAR ON APPLICATION OF 'AATUR PARIKSHA IN AYURVEDA'

Abhilashi Ayurvedic College & Research Institute organized a webinar dated 3/6/2021. The webinar started with the inauguration speech by Dr. R.K Abhilashi, Hon'ble Chancellor Abhilashi University. He Congratulated Dr. Dk. Mishra, Dean, Abhilashi Ayurvedic College & Research Insitute, Dr. Pankaj Saklani, Vice Principal & other faculty members for organizing this webinar.



The Chief Guest of the webinar was Dr. Geeta Garg - Principal, Ayurjyoti College Sirsa, Haryana. The Theme of the webinar was "Dashavadh Pariksha" She explained the ten points of examination as described in Charak Samhita & other textbooks, very frequently & also she explained this with a correlation to modern medical science very well. Prof. H.S. Banyal, Hon'ble Vice-Chancellor, Abhilashi University also shared his knowledge about Ayurveda & advised students to follow Proper COVID - SOP's. The Webinar was also attended by the Pro-Chancellor, Registrar, Deans of various faculties, HOD and students of all faculties.

method. Further he added that with this method, it is possible to cure many diseases through Panchakarma.

ABHILASHI UNIVERSITY

CHAILCHOWK, TEHSIL CHACHYOT, DISTRICT MANDI H.P. 175045
WITH THE BLESSINGS OF NIRANKAR

ORGANIZES A WEBINAR

"NASYA KARMA"

DR. R. K. ABHILASHI
CHANCELLOR

DR. L. K. ABHILASHI
PRO-CHANCELLOR

PROF. H.S. BANYAL
VICE-CHANCELLOR

DR. D.K. MISHRA
DEAN & PRINCIPAL

ORGANIZED BY
ABHILASHI AYURVEDIC COLLEGE & RESEARCH INSTITUTE

DR. MINAKSHI NATH
PROFESSOR,
SMT. URMILA DEVI AYURVEDIC COLLEGE, HOSHIARPUR, PUNJAB
DATE: 7TH JUNE, 2021 TIME: 02:00 PM

Meeting ID: ydr-wbqb-xsn

DR. PRIYANKA THAKUR
ASSISTANT PROFESSOR
COORDINATOR

Professor H.S. Banyal Vice-Chancellor, Abhilashi University shared his views in the context of Covid-19 entering through Nasika. He told the audience about the importance of vaccination to avoid this disease and its beneficial properties. Keynote speaker Dr. Meenakshi Nath, Professor Urmila Devi Ayurvedic College, Hoshiarpur, Punjab, in her address, highlighted the efficacy of Nasya Karma, one of the Ayurveda Panchakarma systems of medicine. She shed light on Charaka Samhita and the use of Nasya in modern Ayurveda, How the medicine given by NASA suppresses the disorders of the head and its organs? She told that pouring medicine through the nasal route is one of the five main purification therapies described in Ayurveda. Dr. D.K. Mishra, Dean Ayurveda extended vote of thanks to everyone present in the webinar.

EXAMINATION RESULTS DECLARED

During this period end term examination result of the 1st semester of B.Sc. (Hons.) Agriculture, M.Sc. Agriculture, B. Pharmacy, M. Pharmacy, B.A. B.Ed., B.Sc. B.Ed., B.Sc. MLT, M. Tech (Civil Engg.), M.B.A, M.Sc. Mathematics, M.Sc. Zoology were declared.

TRIBUTE TO FRONTLINE CORONA WARRIORS

Since the coronavirus outbreak, healthcare professionals have not only experienced the gratification of healing patients and saving their lives but have also lost many talents along the way. On top of that, many doctors have even sacrificed their own lives in the line of duty. Every day, the selfless warriors are giving it their all-in health-care settings while cutting themselves off from their families and loved ones. The sacrifice that they are making for the safety and welfare of humanity is priceless and deserves lifelong gratitude on our end. Most importantly, we must reassess the value healthcare workers hold in our lives and the kind of treatment they get from us. Among the several lessons this coronavirus pandemic has been teaching us, the biggest one is to find ways to sufficiently invest in the better and more efficient medical fraternity and give medical professionals the

धर्मशाला, सोनवार, 7 जून, 2021

दिव्य हिमाचल epaper.divyhimachal.com

अभिलाषी कालेज में आयुर्वेद पर वेबिनार

आयुर्वेदिक कालेज एवं रिसर्च इंस्टीट्यूट में ऑनलाइन आयोजन, चरक संहिता पर बांटा ज्ञान

रघु व्याख्यान - वेदिक
अभिलाषी यूनिवर्सिटी के चैलचर के अभिलाषी आयुर्वेदिक कालेज एवं रिसर्च इंस्टीट्यूट में ऑनलाइन वेबिनार का आयोजन किया गया। वेबिनार का सुचरित्र अभिलाषी यूनिवर्सिटी के चैलचर डॉ. आरके अभिलाषी ने किया और इसमें सिपए डॉ. गीता मिश्रा, प्रधानाचार्य डॉ. रीतिका मिश्रा, प्रमुख अतिथि डॉ. पंकज सकलानी और अन्य सदस्यों को बधाई दी। वेबिनार में आयुर्वेदिक कालेज के मिस्ट्रा हरियाणा की प्रधानाचार्य एवं प्रोफेसर डॉ. गीता

गंगू मुखन बसक रहें और उन्होंने आयुर्वेद में अनुर परिषद, जिसे चरक संहिता भी कहा जाता है, को प्रायोगिक उपयोगिता पर व्याख्यान दिया। डॉ. गीता गंगू का मुख्य विषय आयुर्वेद की चरक संहिता में दशविध परीक्षा रहा। इसमें परीक्षा करने के लिए दस विधु बनाए गए हैं। इसमें मधुपुत्र की रोग लड़ने की शक्ति को माया कहा है। इस परीक्षा में प्रकृति, रोगी को प्राकृतिक शारीरिक बनावट, विकृति अर्थात् रोग का कारण, रोग के स्वरूप या धतुओं की शक्ति, सतत्व या मानसिक शक्ति, अहारा का भोजन तथा व्यायाम या शरीर

को माया करने की शक्ति और की परीक्षा ली जाती है। डॉ. गीता गंगू ने इन सभी बिंदुओं पर प्रकाश डालते हुए आयुर्वेद चिकित्सा विज्ञान में इसे कैसे जोड़ा जा सकता है, यह विस्तार से बताया। इस मौके पर यूनिवर्सिटी के वाइस चांसलर प्रोफेसर पद्मराज बनवाल ने कोविड-19 और आयुर्वेद के संबंध में छात्रों को जागरूक किया। इस मौके पर अभिलाषी यूनिवर्सिटी के प्रो. पंचमलर डा. ललित अभिलाषी, रीतिका मिश्रा, कपिल कपूर, विभिन्न विभागों के अध्यक्ष तथा छात्र ऑनलाइन वेबिनार से जुड़े। (एचडीएस)

अखिल भारतीय शिरमोहि-द्वै प्रतियोगिता 20 को
सुदस्तर। अर्ध प्रतिनिधि सभा हिमाचल प्रदेश और अर्ध समक डेड मीटर बीबीसी कलनी सुदस्तर के संयुक्त तत्वाधान में 20 जून को अखिल भारतीय शिरमोहि प्रतियोगिता का आयोजन किया जाएगा। परीक्षा की स्थापक अध्यक्ष संस्था अर्ध समक सुदस्तर के प्रधान राधेश रावत व मंत्री प्रमोद अमर ने बताया 13 जून तक सुदस्तर अखिल भारतीय अखिल भारतीय शिरमोहि प्रतियोगिता का आयोजन हो रहा है, जिसमें देश भर से सैकड़ों बॉक्स एवं युवा, स्त्री व पुरुष प्रतिनिधि अपना प्रतिस्पर्धा कर चुके हैं। उन्होंने बताया प्रतियोगिता में इस वर्ष राष्ट्रीय मानसिक और युवाओं की कल्याण सुनिश्चिती को प्रमुखता दी गई है। इसके अलावा 20 जून को अखिल भारतीय शिरमोहि-द्वै प्रतियोगिता का आयोजन होगा। अखिल भारतीय अखिल भारतीय शिरमोहि प्रतियोगिता के विजेताओं को 31 हजार रुपये की प्रोत्साहन राशि व शिरमोहि प्रमाण पत्र वितरित किए जाएंगे। अर्ध प्रतिनिधि सभा हिमाचल प्रदेश के अध्यक्षों ने परीक्षा को नि:शुल्क रखा गया है।

WEBINAR ON NASYA KARMA

A webinar on the 'Nasya Karma Method' was organized by Abhilashi Ayurvedic College and Research Institute at Abhilashi University, Chailchowk on 7th June, 2021. The webinar was inaugurated by the Chancellor of Abhilashi University. Dr. R.K. Abhilashi made the audience aware of the importance of the Nasya Karma

respect, compensation, and infrastructure that they truly deserve once this crisis is over.



Moreover, the world needs to work towards advancement in medical research and technology. Nothing will be a greater tribute to the healthcare workers than this. On dated 14th June 2021, Abhilashi University paid tribute to the heroic efforts of doctors, nurses, medical cleaners, pathologists, paramedics, ambulance drivers, and healthcare administrators from across the globe who lost their lives while saving the lives of COVID-19 patients.

WEBINAR ON IMPORTANCE OF PANCHKARMA

A webinar was organized by the Panchkarma Department of Abhilashi Ayurvedic College & Research Institute of Abhilashi university. The webinar was inaugurated by Chancellor Dr. R. K. Abhilashi. He shared his views about the benefits of the use of panchakarma in Ayurveda and further added that diabetes is the most common disease & difficult to be treated. Dr. Bhawana coordinator of the webinar advised all the Ayurveda Acharyas to do more research work on its treatment.

आयोजन | अभिलाषी यूनिवर्सिटी चैलचौक में पंचकर्म पर वेबिनार का आयोजन

अभिलाषी में बताए पंचकर्म के लाभ

पद्धति में पंचकर्म की उपयोगिता और उससे होने वाले लाभ से सभी को अवगत करवाया। उन्होंने मधुमेह जैसी जटिल बीमारी पर भी प्रकाश डालते हुए इस पर शोध और आयुर्वेद द्वारा इसको कैसे ठीक किया जा सके। इस पर विचार और कार्य करने के लिए प्रेरित किया। अभिलाषी यूनिवर्सिटी के वाइस चांसलर प्रो. एचएस बन्याल ने कहा कि स्व प्रतिरक्षित ऑटो इम्यून जैसे आमवात रूमेटाइड अर्थराइटिस, गटिया, सिस्टीमिक, ल्युपस ऐरिथेमेटोसस, एसएलई और कोलिक बीमारी ग्रहणी रोग एवं अन्य इस तरह की बीमारियों का केवल आयुर्वेद में पंचकर्म पद्धति द्वारा ही इलाज संभव हो सकता है। उन्होंने इस पर प्रकाश डालते हुए रोग प्रतिकारक क्षमता के बारे में बताया। मुख्य

वक्ता डा. मृदु शर्मा, प्रो. रमिता देवी आयुर्वेदिक कालेज होशियारपुर, पंचाब ने अपने संबोधन में पंचकर्म द्वारा आमवात की चिकित्सा तथा आमवात की उत्पत्ति बताते हुए सापेक्ष निदान और त्याग्य आहार विहार पर प्रकाश डाला। उन्होंने इस बीमारी के लिए उपयोगी शामन और शोथन चिकित्सा के बारे में सभी को अवगत करवाया। आयुर्वेद संकाय के डीन डा. डीके मिश्रा ने मुख्यवक्ता एवं सभी का आभार व्यक्त किया। डा. भावना शर्मा ने वेबिनार का संचालन किया। इस वेबिनार में प्रो. चांसलर डा. एलके अभिलाषी, रजिस्ट्रार इंजीनियर कपिल कपूर, विभागाध्यक्ष के सभी विभागाध्यक्ष, आयुर्वेद कक्षाओं के सभी प्राध्यापक एवं विद्यार्थियों ने भाग लिया।

कार्यालय संवाददाता - नेरचौक

Vice-Chancellor Dr. H. S. Banyal discussed autoimmune diseases that can be treated by panchakarma in Ayurveda. He also made aware to all about the immunity system. Guest Speaker Dr. Hridu Sharma of Smt. Urmila Devi, Ayurvedic College, Hoshiarpur (Punjab) explained how aamvata is treatable by panchakarma. The webinar was closed with the vote of thanks by the Dean, School of Ayurveda.

BE WITH YOGA BE AT HOME

The Covid-19 plight was not just a physical crisis, it also left lasting impacts on mental health, with many left in psychological suffering, depression, and anxiety dealing with the pandemic-necessitated restrictions and loss. Yoga can come with the help of people dealing with such crises. International Yoga Day is celebrated with much fervor every year on June 21.

अभिलाषी यूनिवर्सिटी चैलचौक में 'वी विद योगा वी विद होम'

कार्यालय संवाददाता-नेरचौक

पर डा. आरके अभिलाषी ने आयुर्वेद विभाग के प्रधानाचार्य डा. डीके मिश्रा और विभाग के टीचरों की सभी को योग के लिए प्रेरित करने के लिए प्रशंसा भी की। यूनिवर्सिटी के प्रो. चांसलर डा. आरके अभिलाषी, रजिस्ट्रार ई. कपिल कपूर और विभिन्न विभागों के टीचरों और छात्रों ने ऑनलाइन आयोजित किए गए योग दिवस कार्यक्रम में हिस्सा लिया। वहीं, डीएवी पब्लिक स्कूल नेरचौक और जीनियस इंटरनेशनल पब्लिक स्कूल नेरचौक में भी वर्चुअल माध्यम से अंतरराष्ट्रीय योग दिवस का आयोजन किया गया, जिसमें टीचरों के साथ छात्रों ने भी भाग लिया।

डा. आरके अभिलाषी ने बताया कि योग का उपयोग करके हम अपने जीवन में योग्यता और स्वास्थ्य बना सकते हैं। योग का उपयोग करके हम अपने जीवन में योग्यता और स्वास्थ्य बना सकते हैं।

22/6/2021

DIVYA HIMACHAL

Abhilashi Ayurvedic College & Research Institute, Abhilashi University, virtually celebrated with the theme "Be with Yoga, Be at Home". Dr. R.K. Abhilashi Chancellor Abhilashi University addressed the students and shared his views. The program was attended by Pro-Chancellor, Vice-Chancellor, Registrar, and Dean Ayurveda.

ABHILASHI WEDDING CAPTURED

Priyanka, daughter of Dr. R.K. Abhilashi and Dr. Narbada Abhilashi tied the nuptial knot with Sachin Raghav on May 07, 2021. University staff and students congratulated the newly wed couple and wished them a lifetime of togetherness and joy.



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NEWS LETTER

JULY - SEPTEMBER, 2021



ABHILASHI UNIVERSITY

CHAIL CHOWK (CHACHYOT), DISTT. MANDI (H.P.)

Approved By: H.P. Govt., UGC, AICTE, NCTE, PCI, BCI, CCIM, HPSPVC

Chief-Patron: Dr. R.K. Abhilashi
Co-Chief Patron: Dr. L.K. Abhilashi
Patron: Prof. H.S. Banyal
Editor: Mrs. Ankita Chaudhary



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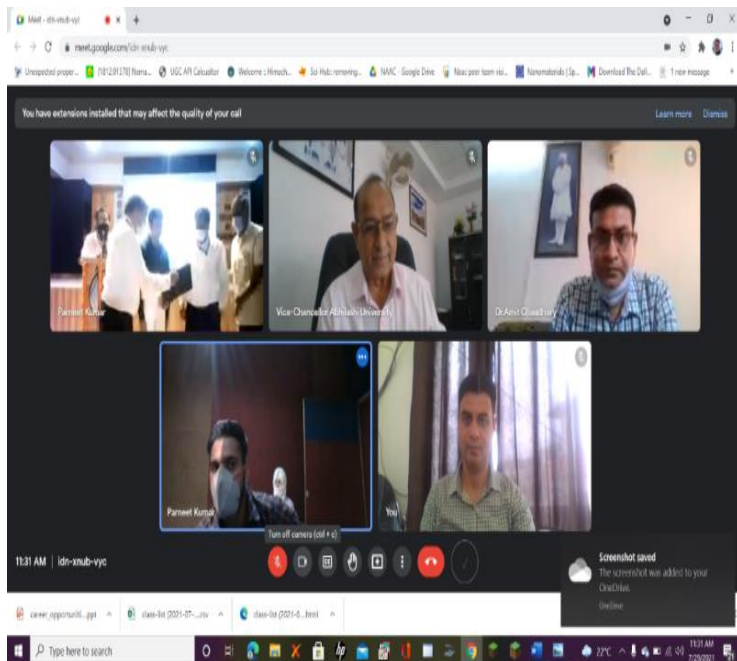
Email: registrar@abhilashiuniversity.ac.in

UNIVERSITY SIGNED MOU WITH ISF COLLEGE OF PHARMACY, MOGA

“Recent Advances in Pharmaceutical Sciences: Vision” A conference organized by ISF College of Pharmacy in association with School of Pharmacy, Abhilashi University on 01-03, July, 2021. Prof. H.S. Banyal was the Chief Guest of the conference. A Memorandum of Undertaking between Abhilashi University and ISF College, Moga was presented on this occasion.

CERTIFICATE OF APPRECIATION TO DR. AMIT CHAUDHARY

Dr. Amit Chaudhary, Dean Faculty of Pharmacy was awarded “Certificate of Appreciation” by Punjab State Council for Science & Technology and ISF College, Moga for chairing a technical session in ISFCON-2021.



TEACHERS DAY CELEBRATION ON UNIVERSITY CAMPUS

On 5th September, the birthday of Dr. Sarvapalli Radhakrishnan, the 2nd President of India was celebrated as Teachers Day in the Multipurpose hall. Teachers play a major role in making their student's responsible citizens of tomorrow and good human beings. It is impossible to imagine our lives without teachers. They are the cornerstone of our future. The performance of students on stage exclusively for teachers was a memorable one. Students exhibited their talent on this auspicious occasion.



A SEMINAR BY "EMINENTS INTERNATIONAL CAREER ADVISOR"

Placement and Career Guidance Cell, School of Pharmacy has organized Financial Literacy Awareness Programme and Career Guidance Programme on 24th Sept. 2021. This seminar was introduced in collaboration with Eminent International Career Advisors. Mr. Vikas of EIC was the speaker. He conducted sessions with students and Staff members of Abhilashi University and guided students regarding the scope of Pharmacy abroad.

WORLD PHARMACIST DAY CELEBRATED

School of Pharmacy celebrated World's Pharmacist Day in the University auditorium on 25/08/2021. with a theme "Pharmacy: Always Trusted for Your Health" This theme was chosen to reflect the numerous contributions in the context of the pandemic, highlighting the pharmaceutical workforce's collaboration with other healthcare professionals and patients to lead a successful national vaccination program. The program was conducted following Covid-19 SOP's. The event started with the arrival of the chief guest of the event, Dr. L.K. Abhilashi, Hon'ble Pro-Chancellor, Abhilashi University, Prof. H.S. Banyal, Vice Chancellor, Abhilashi University and Dr. Promila Abhilashi, Vice-Chairperson, Abhilashi Education Society as Guests of Honour. Chief Guest addressed the students and said that at present, the whole world is fighting the corona epidemic, and is very important to keep faith in our country's medical system and pharmacy as well. With the development of research and technology in the pharma

sector, we will be able to meet the challenges with innovation and will move forward in all areas.



Vice-Chancellor, Abhilashi University, Prof. H.S. Banyal gave information on how to utilize the right prescription given or prescribed by the pharmacist and doctors during this critical situation. On this occasion, various events such as awareness rally in a nearby village, skit, Quiz Competition, Poster making, Model making, Rangoli, Declamation contest, and Nukkad Natak on the theme set by the Pharmacy Council of India, New Delhi were organized. Registrar, Abhilashi University; Dr. Sachin Goyal Dean, Academic; Controller of Examination, and all Deans/Coordinators/Heads of various Faculties of Abhilashi University were also present. The event was concluded with a Vote of Thanks by Dr. Shivali Singla, School of Pharmacy.

WORLD POTATO DAY CELEBRATED

On 19/08/2021 School of Agriculture, celebrated World Potato Day at Multipurpose Hall. The event was organized by Dr. Kailash Sati and hosted by Dr. Ritika Singh under the chairmanship of Dr. D.R. Thakur, Dean, Faculty of Sciences. The program was initiated by Dr. D.R. Thakur by delivering a lecture on the Origin of Potato, their Production, and Consumption. A Quiz was also organized specifically covering questions on the Potato, variety and cultivation.



Three teams having five students each participated with full enthusiasm. Team C (Miss. Swati Nadda, Miss. Damini, Miss. Karma Choden Bhutia, Mr. Anmol Atal, and Mr. Vinod Bharti) was declared the winner of the Quiz competition.

WORKSHOP ON ENTREPRENEURSHIP DEVELOPMENT

On 16/08/2021, the School of Engineering and Management organized an online workshop on the theme "Entrepreneurship Development". Hon'ble Chancellor, Abhilashi University, welcomed the Hon'ble Speaker Dr. J.S. Saini Former Professor, NITTTR, Chandigarh, and all the participants. Dr. J.S Saini discussed the different aspects of Entrepreneurship Development in the Covid - 19 era. Prof. H.S. Banyal, Vice Chancellor, Abhilashi University appreciated the efforts of the department and further added that entrepreneurship development is the means of enhancing the knowledge and skills of entrepreneurs through several classroom coaching and programs. The program was ended with a vote of thanks by Dr. Devender Sharma, Dean, School of Engineering and Management.

WORKSHOP ON SKILL DEVELOPMENT

Online workshop on "Skill Development" was organized by the School of Engineering and Management on dated 18/08/2021. Dr. R.K. Abhilashi Chancellor, Abhilashi University welcomed the eminent speaker.



ABHILASHI UNIVERSITY
CHAILCHOWK, TEHSIL CHACHYOT, DISTRICT MANDI H.P. 175045

WITH THE BLESSING OF NIRANKAR ORGANIZES AN ONLINE WORKSHOP ON "Skill Development"

SPEAKER
DR. JASMER SINGH SAINI
FORMER PROF. ENTREPRENEURSHIP DEVELOPMENT & INDUSTRIAL COORDINATION DEPARTMENT, NITTTR, CHANDIGARH

DATE: 18TH AUGUST, 2021
TIME: 11:00 AM

MEETING ID: wdc-vhny-pia

HEMANT KAPOOR
ASSISTANT PROFESSOR
COORDINATOR

Other participants listed: DR. R. K. ABHILASHI CHANCELLOR, DR. L. K. ABHILASHI PRO-CHANCELLOR, PROF. H. S. BANYAL VICE-CHANCELLOR, DR. DEVENDER SHARMA DEAN, ENGINEERING.

Dr. J.S. Saini Former Professor, NITTTR, Chandigarh. Dr. Saini discussed that Skill Development is the process of identification of the skills gap in youth and providing skilling training and employment benefits to them. Therefore, both central and state governments are continuously making efforts to provide skill development to the youth with their skilling partners around the country. Prof. H.S. Banyal, Vice-Chancellor added that skill development identifies the gaps and develops the skills which enable the person to achieve their goals. Dr. L.K. Abhilashi, Pro-Chancellor was also present at the event. The program was ended with a vote of thanks by coordinator Mr. Hemant Kapoor.

ENGINEERS DAY CELEBRATED ON THE CAMPUS



Faculty of Engineering and Management celebrated "Engineers Day" on dated 15/09/2021 to commemorate one of India's finest Engineers, Mokshagundam Visvesvaraya. On this occasion Vice-Chancellor Prof. H.S. Banyal addressed the students and said that Visvesvaraya is considered one of the foremost nation builders, creating marvels upon which modern India was built. He referred to as the precursor of economic planning in India. Dr. Devender Sharma, Dean School of Engineering and Management ended the program with a vote of thanks.

NATIONAL LEVEL WORKSHOP ORGANIZED IN UNIVERSITY CAMPUS

One day National Workshop "Management and Engineering Perspectives in COVID-19 Pandemic" organized by School of Engineering and Management Department in association with T.R. Abhilashi Engineering College on 27/09/2021 at Multipurpose Hall. The event was organized by the Dean School of Engineering and Management and hosted by Ms. Ankita Chaudhary.



Dr. R.K. Abhilashi, Chancellor, Abhilashi University welcomed the eminent speaker Prof. Ampu Hari Krishnan, Pro-Vice-Chancellor, HGU, India, and Dr. Manoj Nanwal, Associate Professor, Engineering Deptt, HGU, India the guest speakers of the day. Dr. Ampu Hari Krishnan highlighted the future aspects of Management due to Covid -19 pandemic and Dr. Manoj discussed the Technological perspective of the Pandemic. Pro-Chancellor, Vice-Chancellor, Registrar, and Deans of various Schools were also present. The event was ended with a vote of thanks by Dr. Modgil Principal, T.R. Abhilashi Engineering college.

VAN MAHOTSAVA CELEBRATED AT UNIVERSITY CAMPUS

"The true meaning of life is to plant trees; under whose shade you do not expect to sit." -Nelson Henderson.



Van Mahotsav week is celebrated in Abhilashi University to encourage students to plant more and more trees as they are being cut down on a large scale for industrialization and urbanization. Trees contribute to the production of food resources, maintain ecological balance, improve air quality, climate amelioration, conserves water, preserves soil, supports wildlife, reduces drought and prevents soil erosion and pollution. Deforestation is a worrying concern and Van Mahotsav week aims to bring more and more people together to grow and save forests. Reports suggest that regions having a high population density and high forest cover were not much impacted by the Covid-19 pandemic.



Dr. R.K. Abhilashi, Chancellor Abhilashi University, Dr. L.K. Abhilashi, Pro-Chancellor, Abhilashi university, Prof. H.S. Banyal, Vice Chancellor, Abhilashi University along with Deans of various Schools/Departments planted medicinal plants. Medicinal plants are considered as a rich resource of ingredients which can be used in drug development either pharmacopoeial, non-pharmacopoeial or synthetic drugs.

TREATMENT OF STRAY DOGS IN UNIVERSITY CAMPUS

Students of the School of Veterinary Science, Abhilashi University took initiative and gave treatment to injured stray dogs. Students understood that the localities, in which we live, belong to them, as much as to us. Most of the population looks at stray dogs as a menace and a threat. Just a few unfortunate events of dog bites are enough to turn people against stray dogs and perceive them all viciously. In all probability, a dog does not bite unless provoked, sick, or in pain. Stray dogs have as much a right to live with dignity and peace as we humans do. Surely a little empathy and respect for another species can reduce a lot of conflicts and make the world a happier place. So let's try and make Mother Earth, a peaceful place for all creatures big and small, with shared thoughts of kindness.

A WEBINAR ON "YOGIC CLEANSING"

A webinar on "Yogic Cleansing" was organized by Abhilashi Ayurvedic College & Research Institute on September 9, 2021. Dr. Gagan Thakur, HoD, Department of Swasthviritta, Dayanand Ayurvedic College, Jalandhar, Punjab was the keynote speaker. He informed about the role of yoga in conquering chronic ailments and how to keep our body fit and maintain fitness through yoga.

ABHILASHI UNIVERSITY

CHAILCHOWK, TEHSIL CHACHYOT, DISTRICT MANDI H.P. 175045

WITH THE BLESSING OF NIRANKAR

ORGANIZES A WEBINAR

"YOGIC CLEANSING"

DR. R. K. ABHILASHI
CHANCELLOR

DR. L. K. ABHILASHI
PRO-CHANCELLOR

PROF. H.S. BANYAL
VICE-CHANCELLOR

DR. D. K. MISHRA
DEAN & PRINCIPAL

ORGANIZED BY
ABHILASHI AYURVEDIC COLLEGE & RESEARCH INSTITUTE

Dr GAGANTHAKUR
Associate Professor & HOD Department of Swasthviritta
Dayanand Ayurveda College - Jalandhar, PUNJAB
DATE: 9TH SEPTEMBER, 2021 TIME: 11:00 AM

Meeting ID: bom-iazf-fqi

DR. VIKRANT SHARMA
ASSOCIATE PROFESSOR
COORDINATOR

Dr. R.K. Abhilashi, Chancellor, Abhilashi University advised the students to follow different "aasnas" and use balance diet in their daily meals. Prof. H.S. Banyal, Vice Chancellor, Abhilashi University emphasized the role of yoga in Covid-19 pandemic and how yoga contributes in the prevention of this dreaded disease.

HINDI DIWAS CELEBRATED IN THE UNIVERSITY

Hindi Diwas was organized in the University on Sept. 14, 2021. Dr. R.K. Abhilashi, Chancellor Abhilashi University advised the students and staff about use of Hindi in their day-to-day communication and make the language easily understandable. The day was marked by competition in quizzes, declamations and poster making in which a large number of students participated. Prizes were distributed the winners in the contest.

कार्यक्रम अभिलाषी विश्वविद्यालय के कक्षाओं में हस्तगत से मनाया हिंदी दिवस, विभिन्न प्रतियोगिताओं का उल्लास

हिंदी हमारे देश की राजभाषा

कार्यालय संवादना-मेरठ

अभिलाषी विश्वविद्यालय चैलचौक में हिंदी दिवस हस्तगत से मनाया। कार्यक्रम में विश्वविद्यालय के कुलपति डा. आरके अभिलाषी, वरीय मुख्यातिथि शिवरत जोषी, इस अवसर पर किट्ट भाषा और पोस्टर मेकिंग प्रतियोगिता के माध्यम से हिंदी के महत्व को राष्ट्रीय भाषा के रूप में प्रस्तुत किया। मुख्य अतिथि ने अपने संबोधन में कहा कि हिंदी हमारे देश की राजभाषा है और इस भाषा को लिपि आसान और सरल है। हमारा सारा प्रयास इस भाषा के विकास के लिए होना चाहिए। यह जन्मा की भाषा है और लोगों तक, तथ्यों और महान विचारों को संप्रेषित करने का एक प्रभावी माध्यम बन सकती है। उन्होंने कहा कि इस भाषा को बढ़ावा देने के लिए हमें हर साल इस दिन को मनाना चाहिए और इस खूबसूरत भाषा को मजबूत करने के लिए साल भर में ऑनलाइन प्रोग्राम, सेमिनार, निबंध लेखन प्रतियोगिताएं और लघु कथाएं आदि भी आयोजित करनी चाहिए। विश्वविद्यालय के कुलपति प्रोफेसर एच एस बन्याल ने उत्कृष्टतम परिश्रम में हिंदी भाषा के अत्यधिक महत्व पर भी प्रकाश डाला और कर्मचारियों और छात्रों को दिन प्रतिदिन की गतिविधियों में हिंदी भाषा का अधिक से अधिक उपयोग करने के लिए प्रेरित किया। पोस्टर मेकिंग प्रतियोगिता में आयुर्वेद की कविता ने प्रथम व स्कूल ऑफ फार्मसी की कृतिना ने द्वितीय पुरस्कार प्राप्त किया। भाषण प्रतियोगिता में स्कूल ऑफ बेसिक साइंस के छात्र कल्याण डा. परीक्षित शर्मा, विभिन्न विभागों के डॉन शिक्षण और गैर शिक्षण स्टाफ और अभिलाषी विश्वविद्यालय के छात्रों ने अपनी उपाधियां दर्ज कराईं। कार्यक्रम के अंत में आंक्षा चौधरी ने सभी का धन्यवाद किया।

OBITUARY



This is to inform you all about the sad demise of Mr. Khazana Ram Ji, Treasurer, Abhilashi Education Society. Abhilashi University expresses deep and heartfelt condolences to the sorrowing family and joins in their prayers for the deceased. May the Lord Almighty take the departed soul to his Heavenly Abode and give the entire family strength and courage to bear this irreparable loss.